

MR elastography for brain biomechanics

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Basic idea of elastography

Visualize **mechanical waves** in tissue

Wave speed and wavelength depend on **elastic modulus** (stiffness)

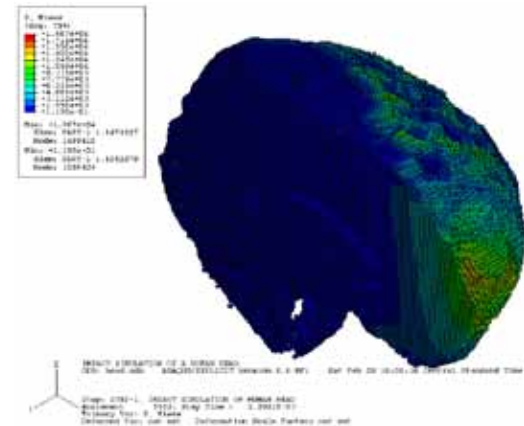
Elastic modulus depends on tissue type/age/pathology

Motivation

Computer simulation and mathematical modeling are critical to understanding and preventing TBI

- Confidence in simulations is limited
- Brain/skull are difficult to model
- Predictions are difficult to verify

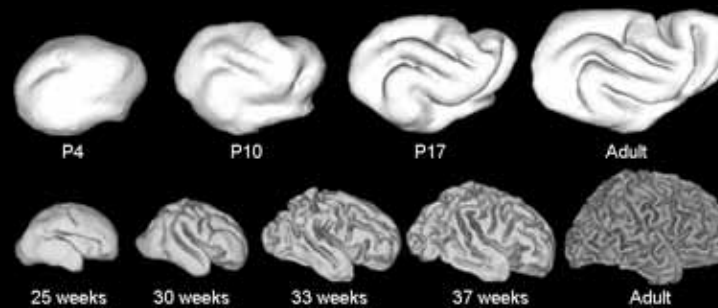
Experimental data is needed to define and validate computer models.



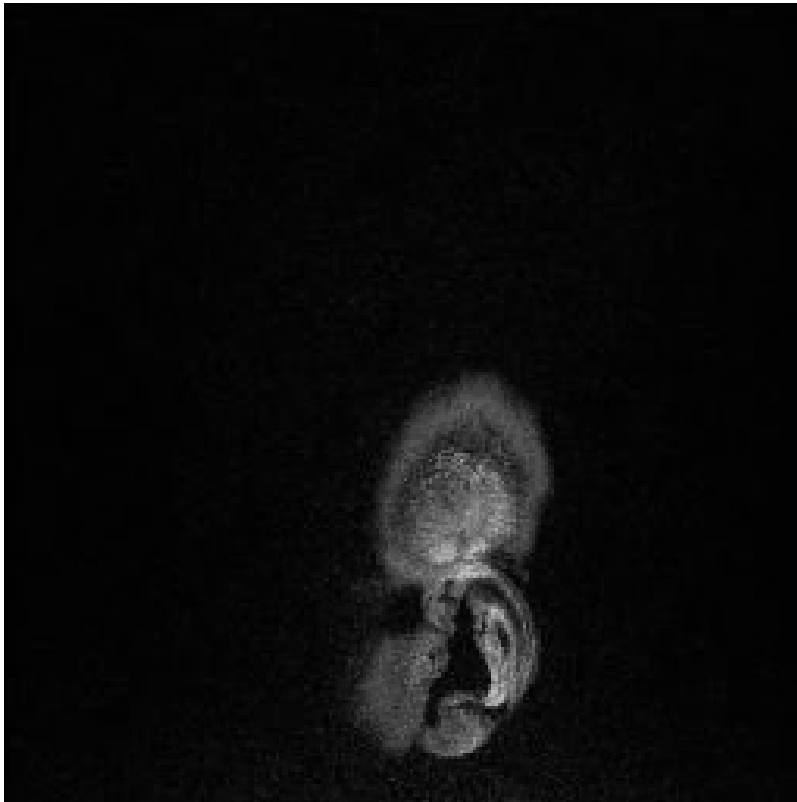
Courtesy of Martin Ostoja-Starszewski
(University of Illinois)

Outline

- Impact and traumatic brain injury
 - Response of brain to skull acceleration
- MR elastography and brain stiffness
 - Visualization of shear waves in brain tissue

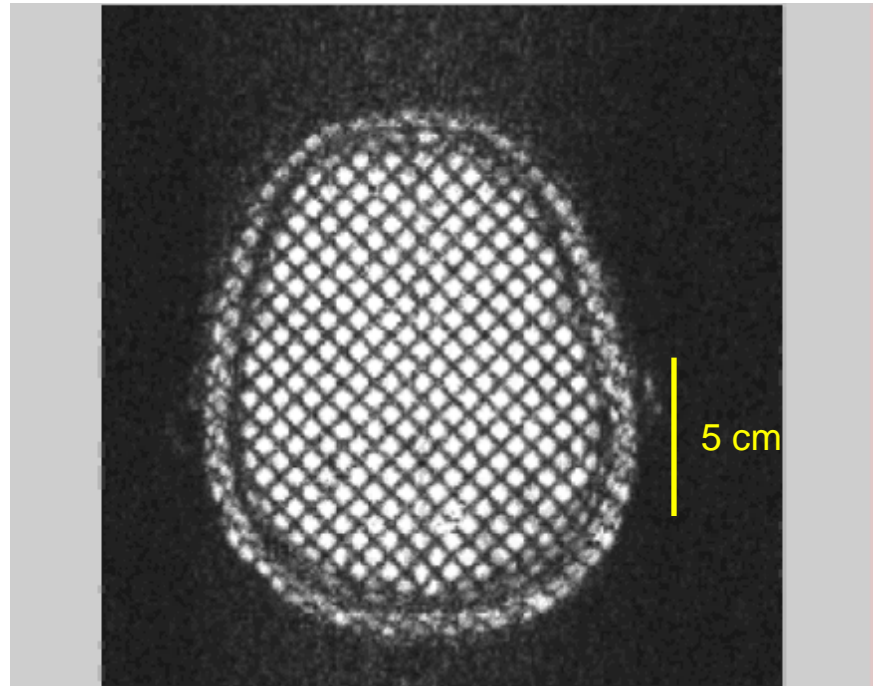


Overview of the Brain



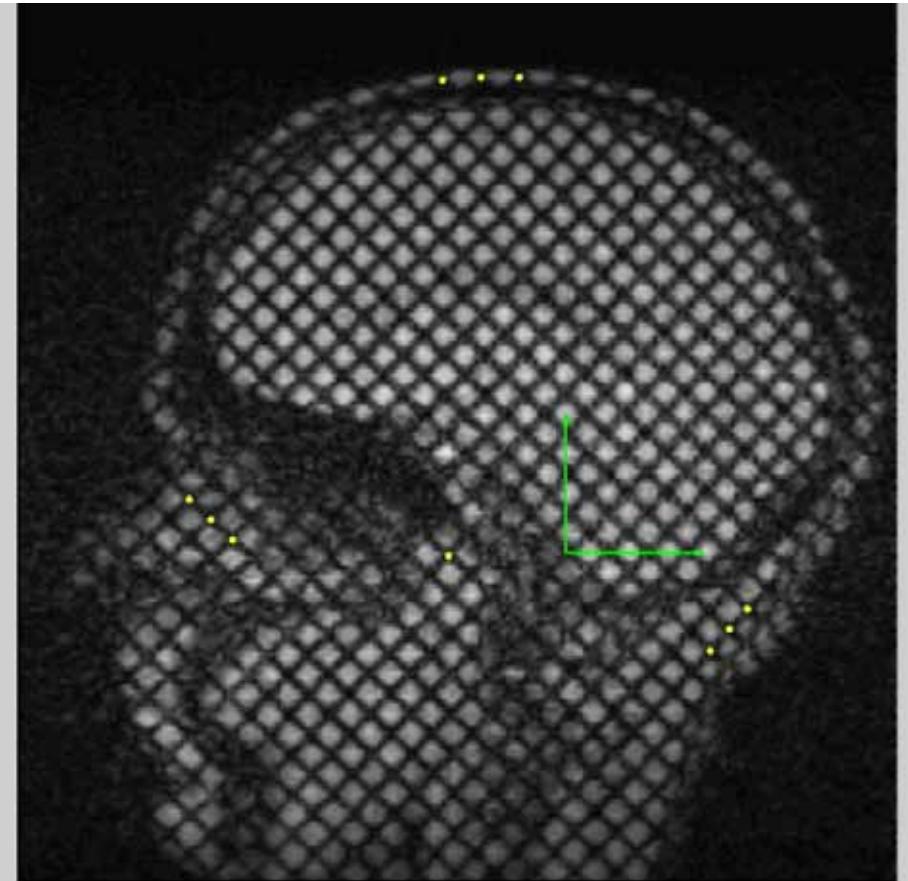
MR tagging

- Subject 1: Adult male
- Resolution
 - Spatial: 1.5 mm
 - Temporal: 6 ms
 - Tag spacing: 8 mm
- 2 cm above reference plane
- Angular acceleration
 - $\sim 250 \text{ rad/s}^2$



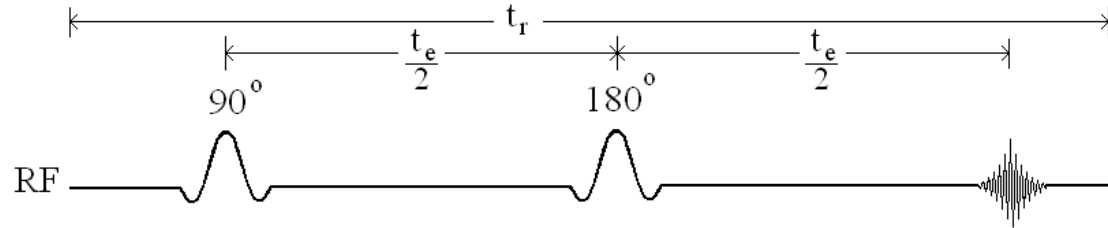
MR tagging: absolute brain-skull motion

- Adult male
- Resolution
 - Spatial: 1.5 mm
 - Temporal: 6 ms
 - Tag spacing: 8 mm
- Linear acceleration
 - $\sim 30 \text{ m/s}^2$

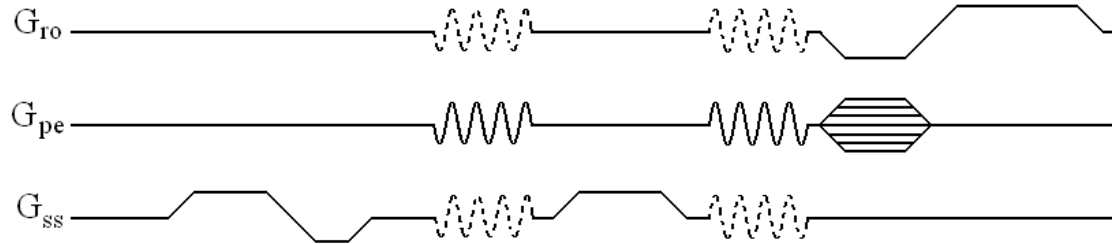


MR measurement of shear waves: phase contrast

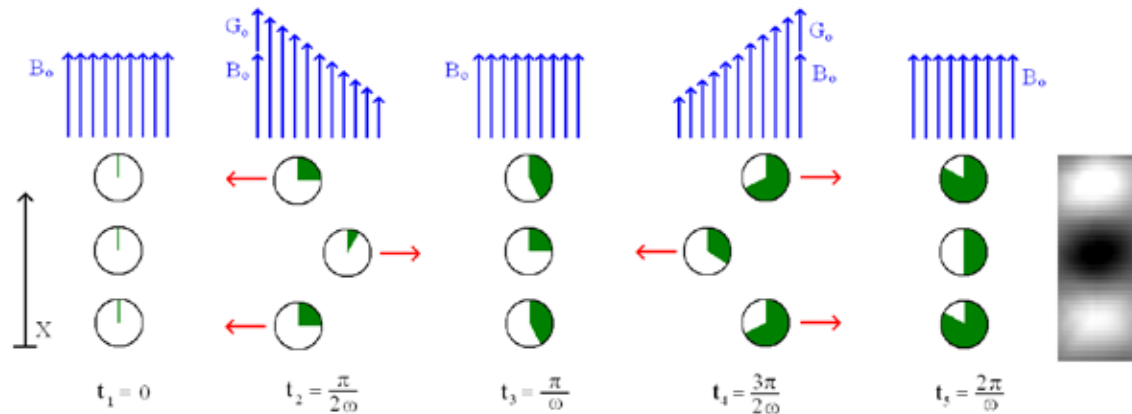
Pulse sequence



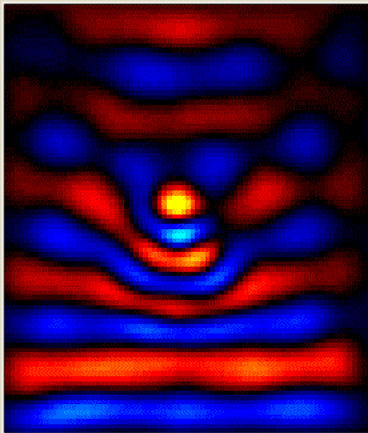
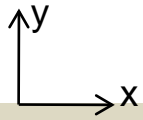
Oscillating gradients



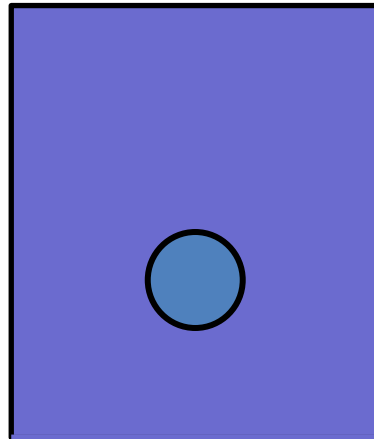
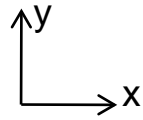
Phase accumulation proportional to displacement.



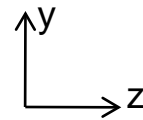
Visualize $\mu\text{-amplitude}$ harmonic motion Requires MR compatible actuation



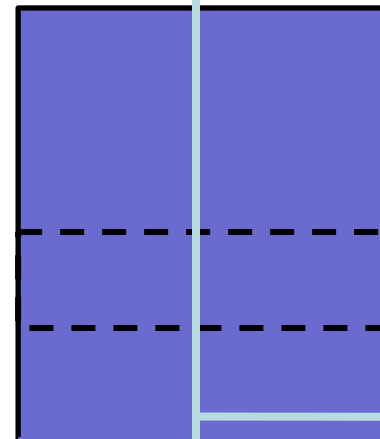
**Spatiotemporal
Images of Shear Wave
Propagation**



**Container of Gelatin
w/ Soft Inclusion**

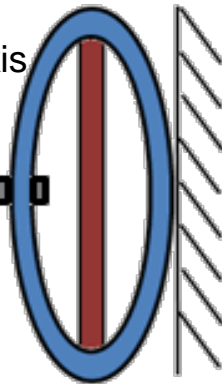


Shear wave
propagation axis



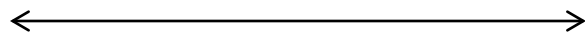
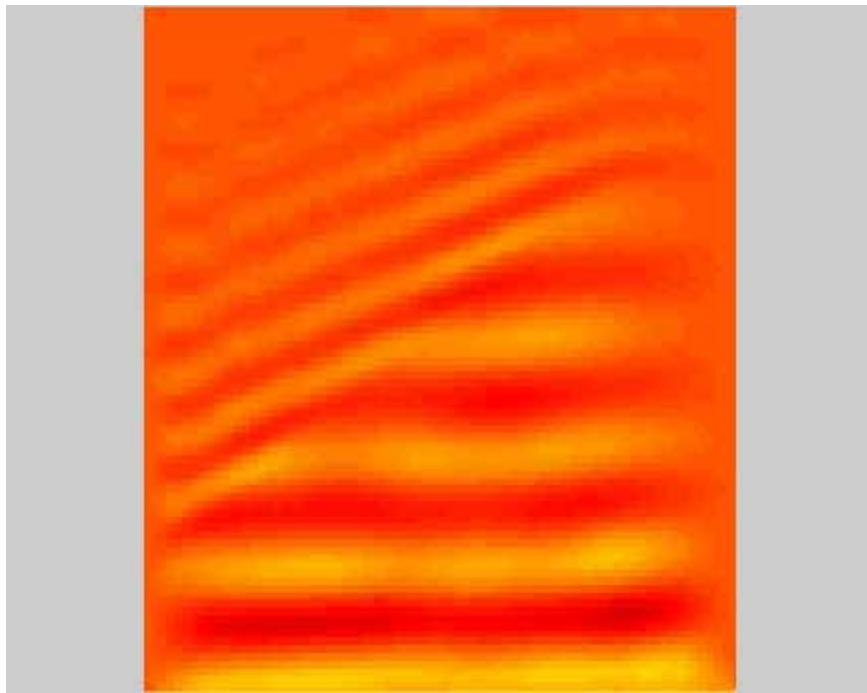
**Harmonic actuator
($\sim 20 \mu\text{m}$ peak-to-peak)**

Shear wave
displacement axis



(Erik Clayton)

MR elastography basic principle



18 mm

Gelatin – heterogeneous
400 Hz

Given : $\mathbf{u}_T(x, y, z, t)$

Find : shear modulus m

Fit m to shear wave equation (minimize LSE)

Simplest case :

linear elastic, homogeneous, isotropic,

$$\rho \frac{\nabla^2 \mathbf{u}_T(x, y, z, t)}{\nabla t^2} - m \nabla^2 \mathbf{u}_T(x, y, z, t) = \mathbf{0}$$

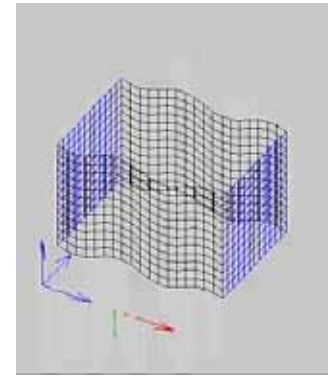
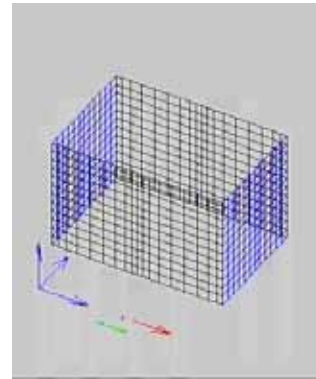
MR elastography: Helmholtz decomposition

Isolate transverse wave component of displacement

$$\mathbf{u} = \mathbf{u}_T + \mathbf{u}_L$$

$$\tilde{\mathbf{N}} \times \mathbf{u}_T = 0,$$

$$\tilde{\mathbf{N}} \cdot \mathbf{u}_L = 0,$$



Helmholtz decomposition performed in spatial frequency domain*

$$\mathbf{U}(\mathbf{k}, t) = \mathcal{F}(\mathbf{u}(\mathbf{x}, t))$$

$$\mathbf{U}_T(\mathbf{k}, t) = - \frac{\mathbf{k}' (\mathbf{k}' \mathbf{U}(\mathbf{k}, t))}{\mathbf{k} \times \mathbf{k}}$$

$$\mathbf{u}_T(\mathbf{x}, t) = \mathcal{F}^{-1}(\mathbf{U}_T(\mathbf{k}, t))$$

Dilatation and distortion components

linear elastic, isotropic, homogeneous

Equation of motion
(no body force)

$$\rho \frac{\partial^2 u_k}{\partial t^2} = \underbrace{\mu \nabla^2 u_k}_{\text{Shear}} + \underbrace{(\lambda + \mu) \frac{\partial}{\partial x_k} (\nabla \cdot \bar{\mathbf{u}})}_{\text{Dilatation}},$$

Divergence
(Dilatational)

$$\longrightarrow \frac{\partial^2}{\partial t^2} (\nabla \cdot \bar{\mathbf{u}}) = \frac{\lambda + 2\mu}{\rho} \nabla^2 (\nabla \cdot \bar{\mathbf{u}}),$$

Curl
(Shear)

$$\longrightarrow \frac{\partial^2}{\partial t^2} (\nabla \times \bar{\mathbf{u}}) = \frac{\mu}{\rho} \nabla^2 (\nabla \times \bar{\mathbf{u}}),$$

Distortion (rotation) describes shear wave motion

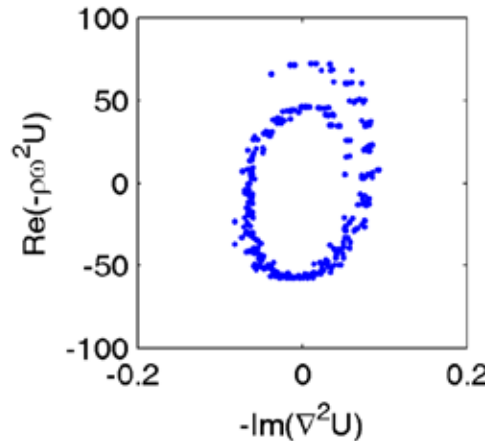
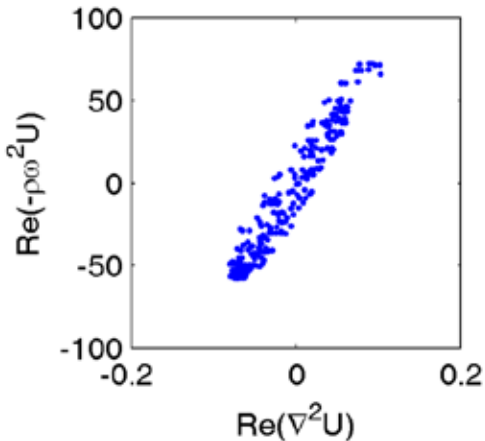
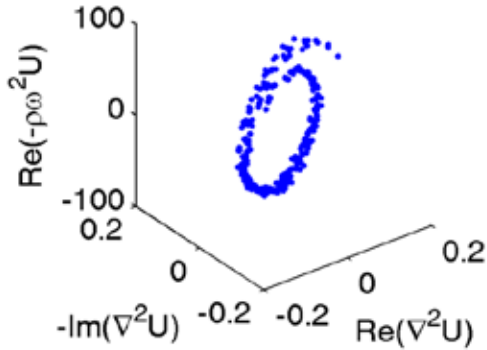
$$\mathbf{G}_z = \frac{1}{2} \begin{pmatrix} \frac{\partial u_y}{\partial x} - \frac{\partial u_x}{\partial y} \\ \frac{\partial u_z}{\partial x} - \frac{\partial u_x}{\partial z} \\ \frac{\partial u_z}{\partial y} - \frac{\partial u_y}{\partial z} \end{pmatrix}$$

Fitting steps: more details

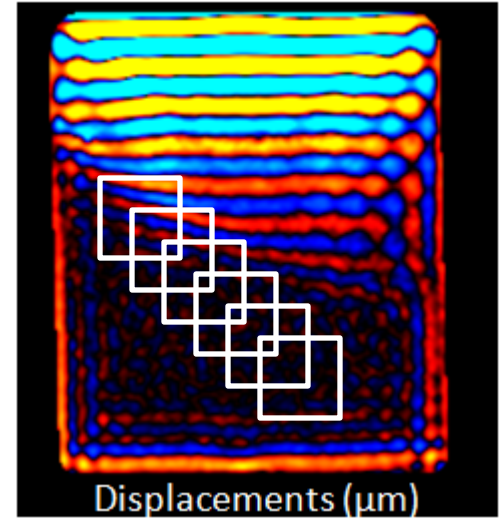
Fit displacement or curl as a linear function of Laplacian, in a neighborhood around each voxel

$$U_k(\mathbf{x}) = \frac{\alpha G^*}{e r W^2} \frac{\ddot{\mathbf{O}}}{\emptyset} \tilde{\mathbf{N}}^2 U_k(\mathbf{x})$$

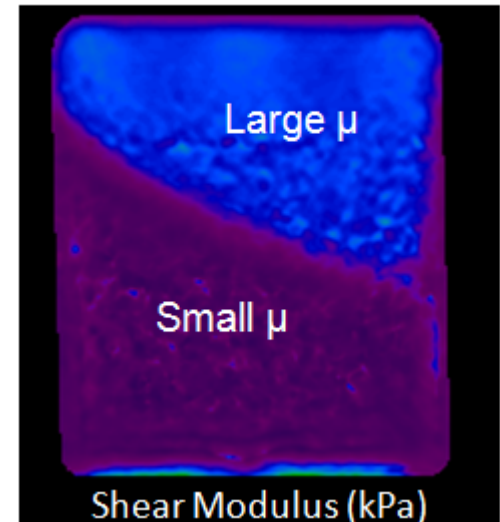
$$G_k(\mathbf{x}) = \frac{\alpha G^*}{e r W^2} \frac{\ddot{\mathbf{O}}}{\emptyset} \tilde{\mathbf{N}}^2 G_k(\mathbf{x})$$



Wave Image

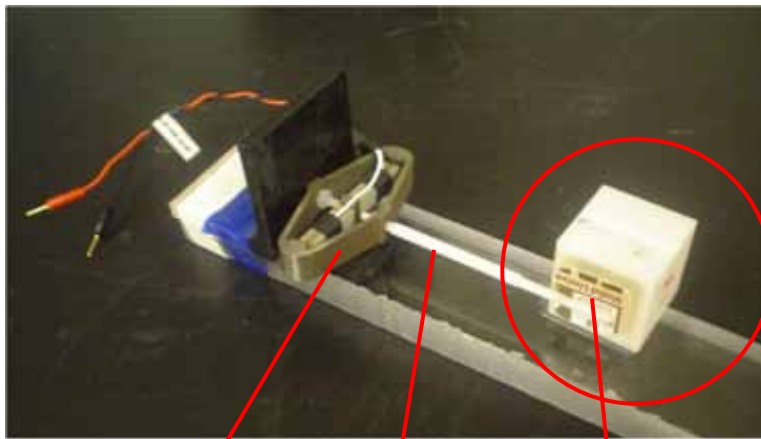


Elastogram



Virtual fields method

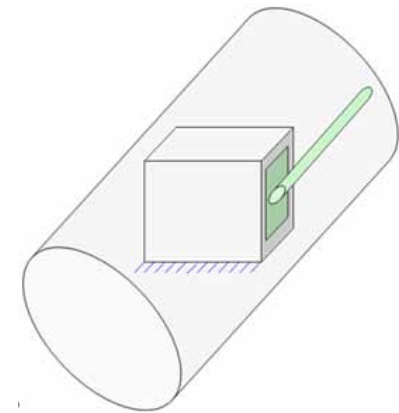
- Fabrice Pierron (Uni Southampton)
- Nathanael Connesson (Uni Grenoble)
- 3D volume – gel cube in vibration (400 Hz)



Piezo actuator

Rod

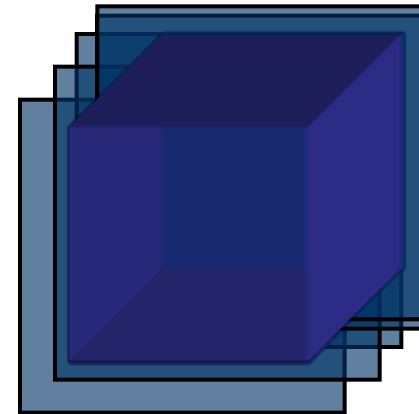
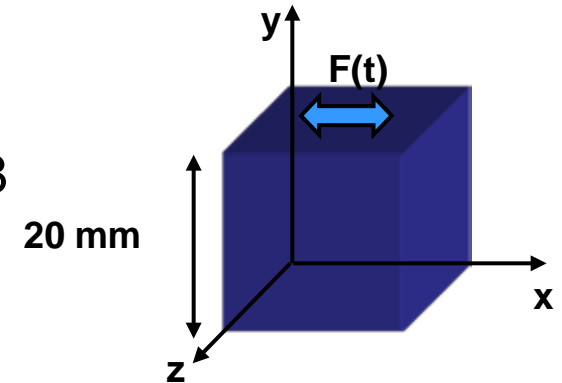
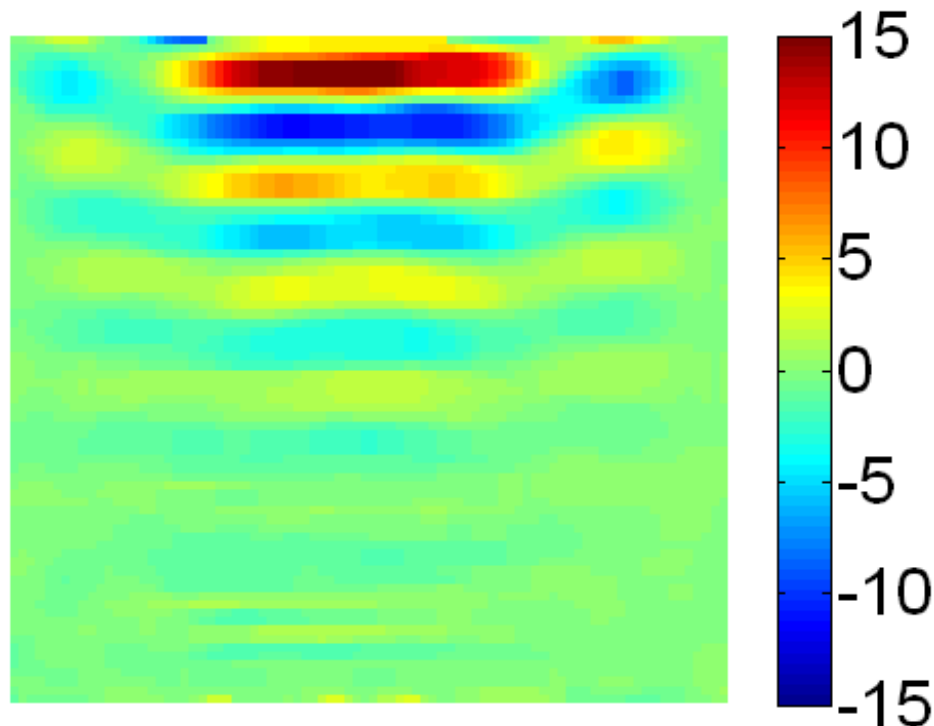
Specimen
in cube



Mounted in the bore
of a 11.7 T MRI
facility

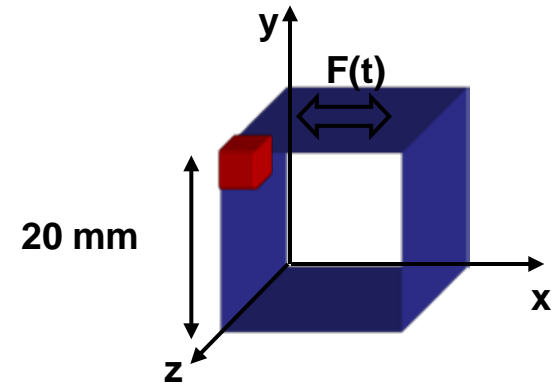
Virtual fields method

- $f=400$ Hz, $0.5 \times 0.5 \times 0.5$ mm
- 8 images shifted by period fractions of $1/8$, $2/8$ etc.
- Displacement map: u in mm

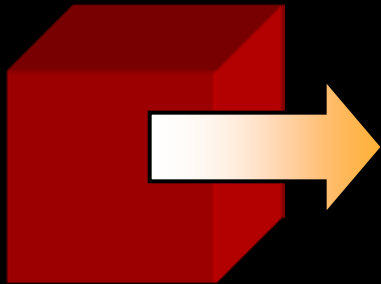


Virtual fields method

- Identification
 - Viscoelastic model
 - Isotropy, incompressibility



Zero virtual displacements on all edges
Optimized piecewise virtual fields



$$-\int_V \sigma_{ij} e_{ij}^* dV = \int_V a_i u_i^* dV$$

G', G''

3D map of local complex modulus !

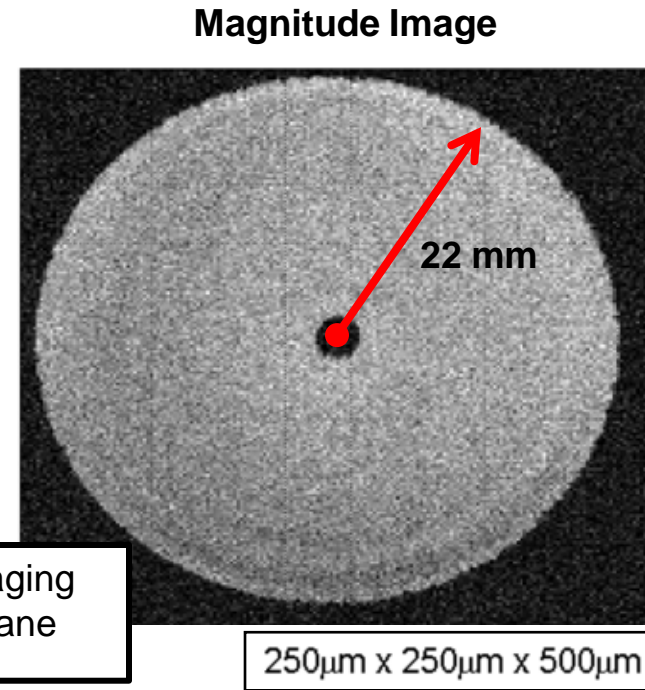
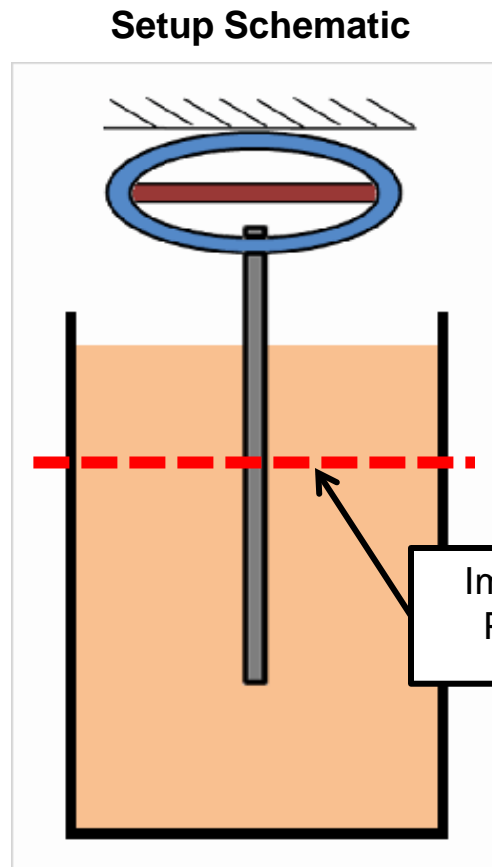
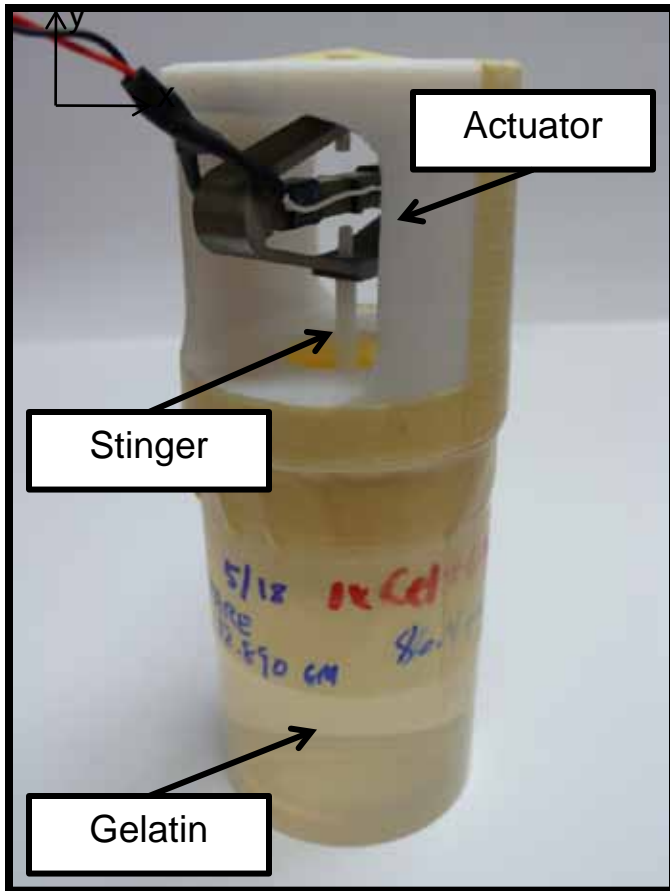
Phantom studies: validation

- Gelatin
 - 70 g glycerol + 70 g water + 4 g gelatin
- Material properties and geometry:
 - Stable
 - Prescribed
 - Predictable



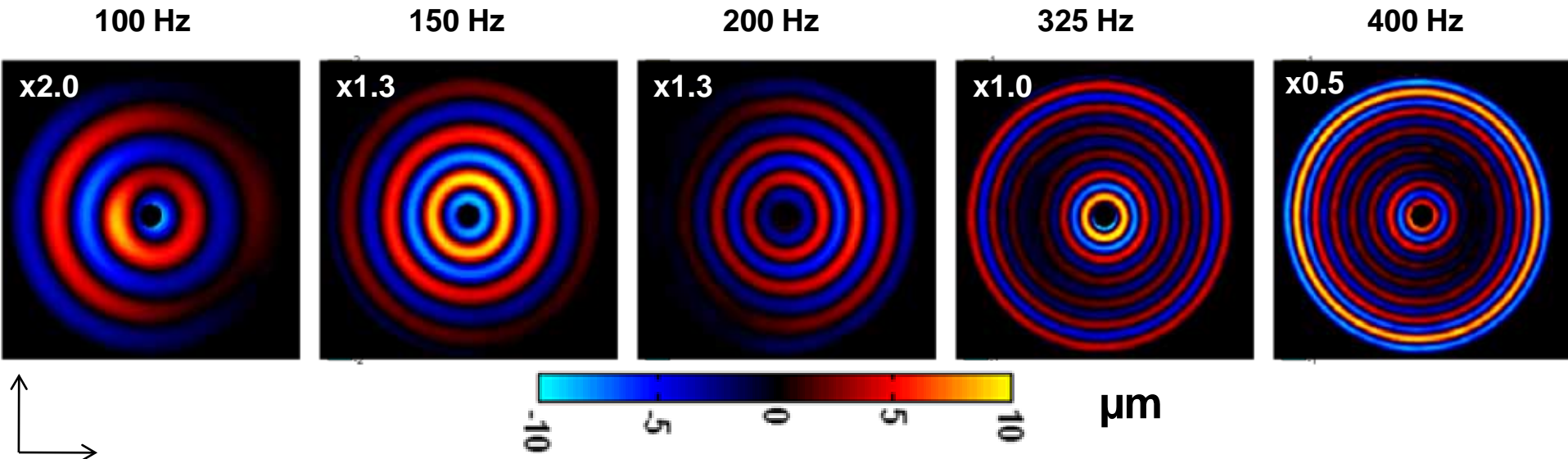
Gelatin-based phantom

Magnetic Resonance Elastography @ 4.7 T



PS: GRE-MRE
(Clayton/Bayly)
TR/TE: 200/13.75, **FA:** 30°,
nt: 2
DM: 192 x 192 x 11 x 8
t_{acq}: 20 minutes/frequency

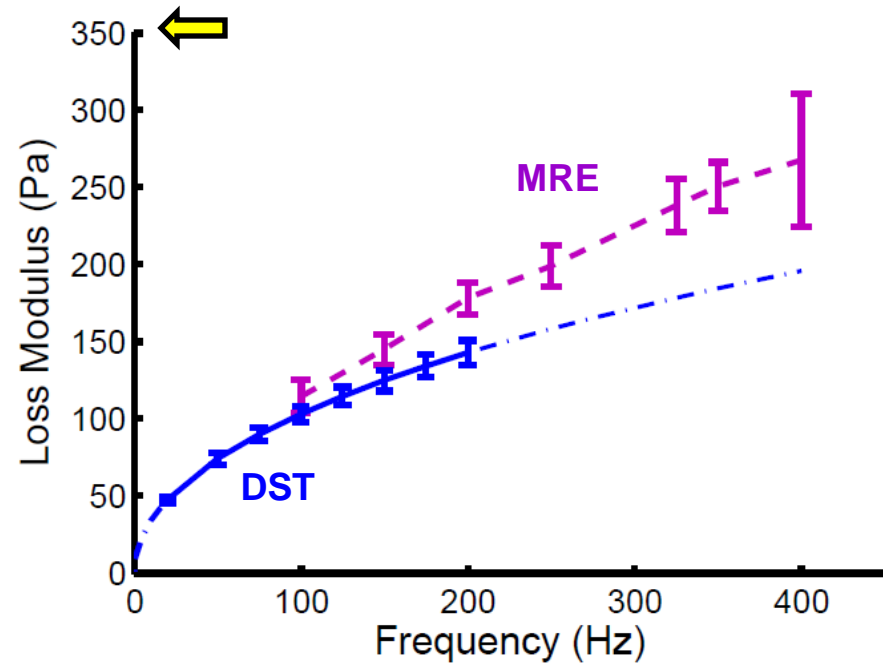
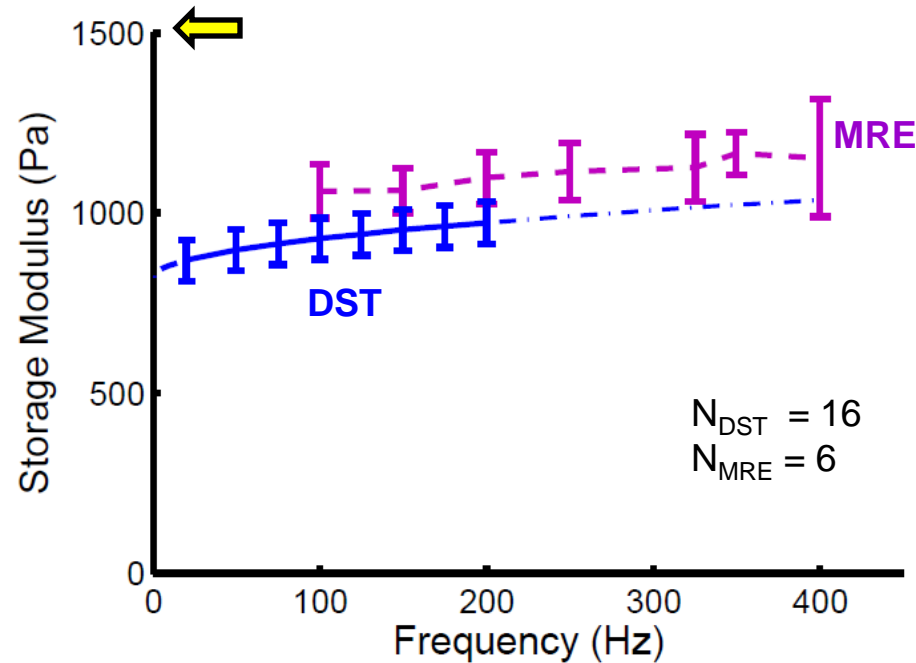
Raw MRE data



Linear elastic isotropic wave equation

$$-\rho\omega^2 u_i = \mu u_{i,jj} + (\lambda + \mu) u_{j,ji}$$

MRE to DST comparison:
good agreement of G' and G''



Agreement within 10% at frequency overlap

MOUSE BRAIN

Small animal MRE is important

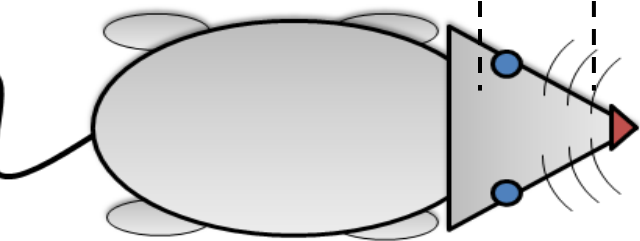
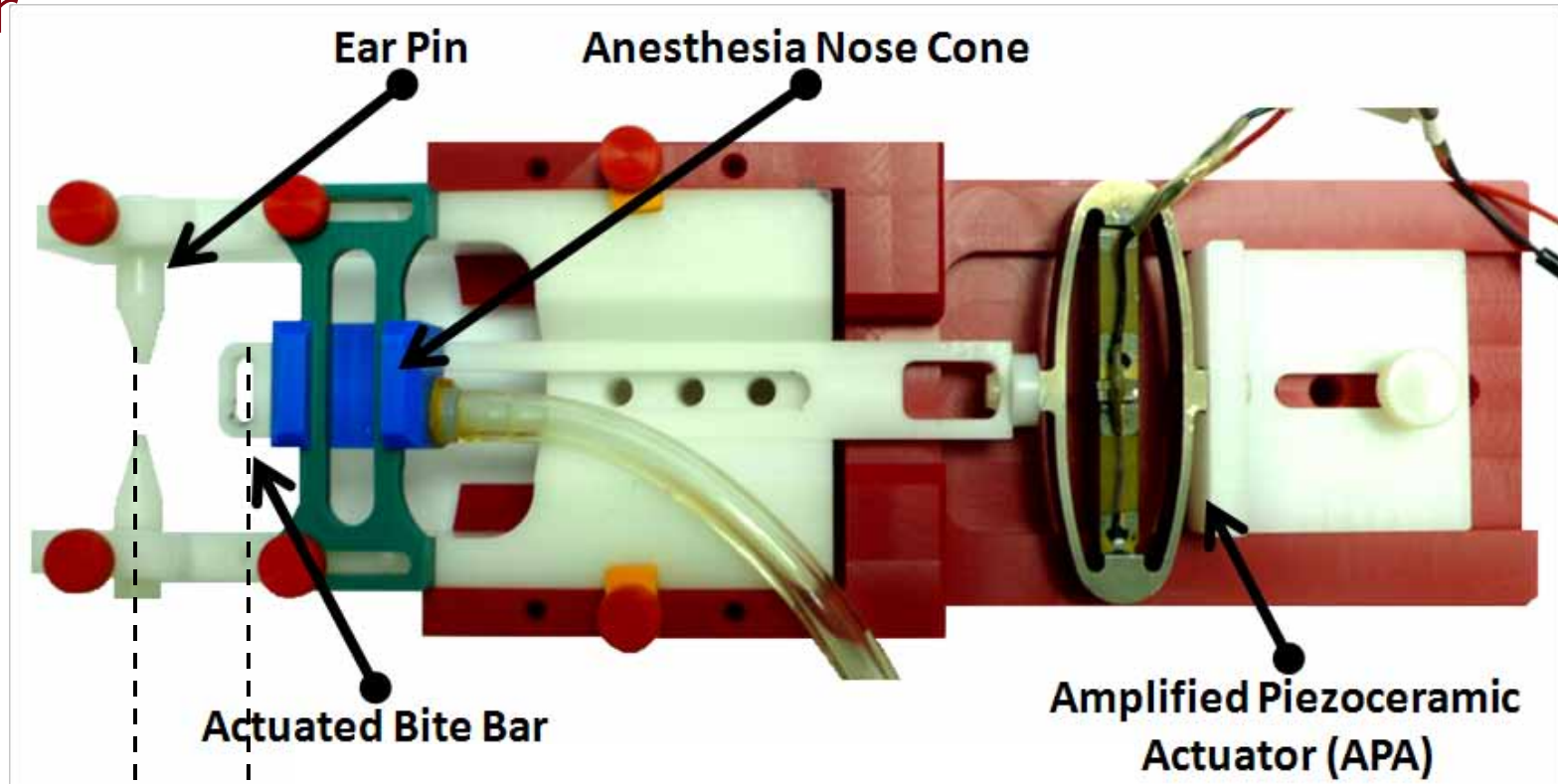
- Advantages

- Can perform studies on animals that cannot be performed on humans
 - injury, aging, development, therapeutic intervention, genetics
- Correlate mechanical properties with histology
- Reduce technology development costs

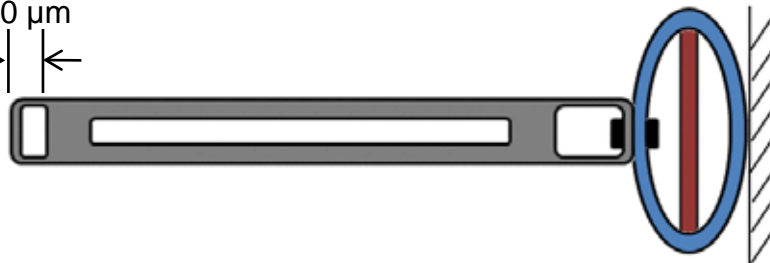
- Challenges

- Requires high spatial resolution

Shear waves induced in brain via *actuated* bite bar



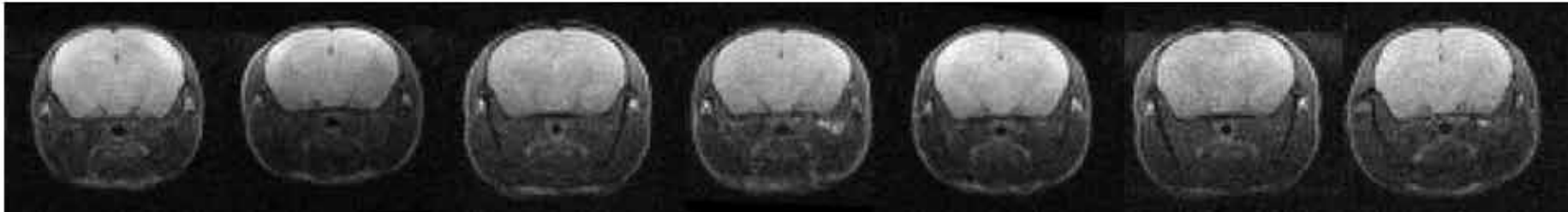
20 μm



Mouse Brain MRE Multi-frequency Study

600 Hz 800 Hz 1000 Hz 1200 Hz 1400 Hz 1600 Hz 1800 Hz

Anatomy



PS: SE-MRE (Kroenke/Bayly)

TR/TE: 1000/27.5, **nt:** 2

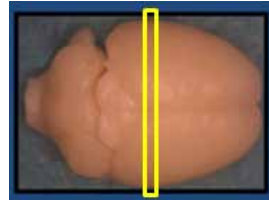
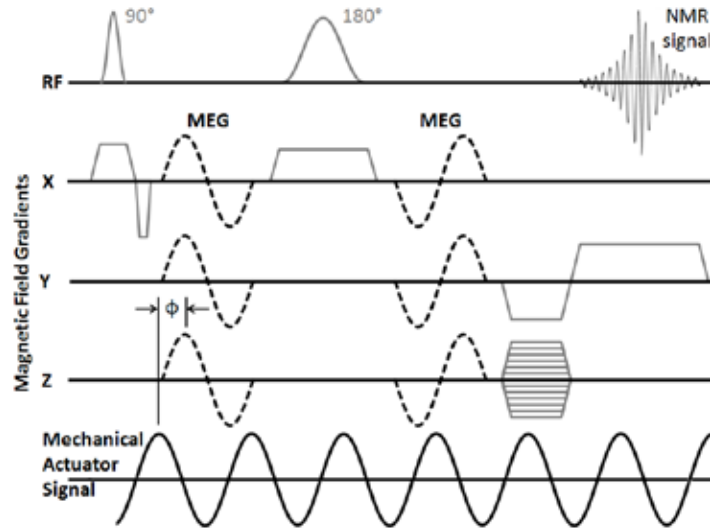
DM: 128 x 128 x 29 x 4 (8)

t_{acq}: 22 (45)

minutes/frequency

4.7 T Varian Consol

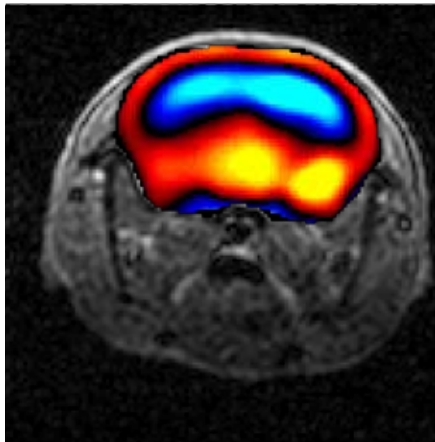
Acquired Res.: 250 x 250 x 250 μ m



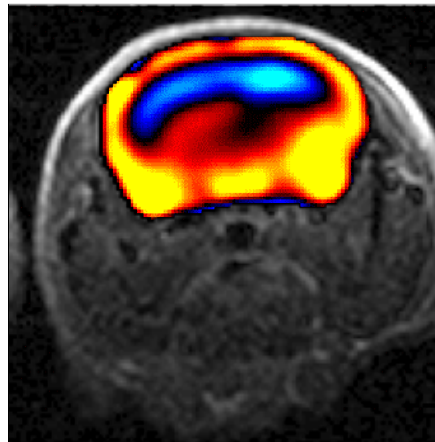
Mouse Brain MRE

Multi-frequency Study

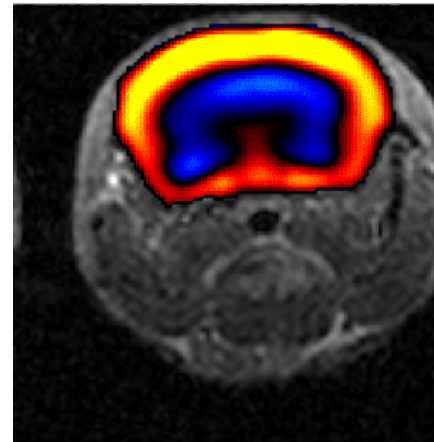
600 Hz



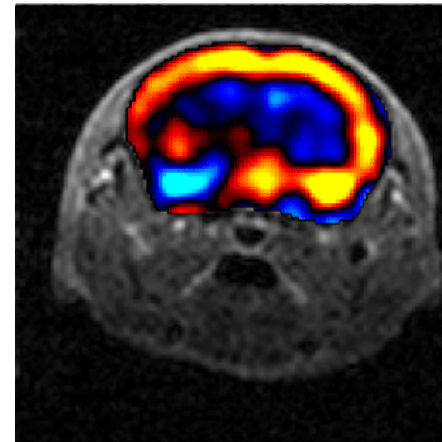
800 Hz



1200 Hz



1800 Hz



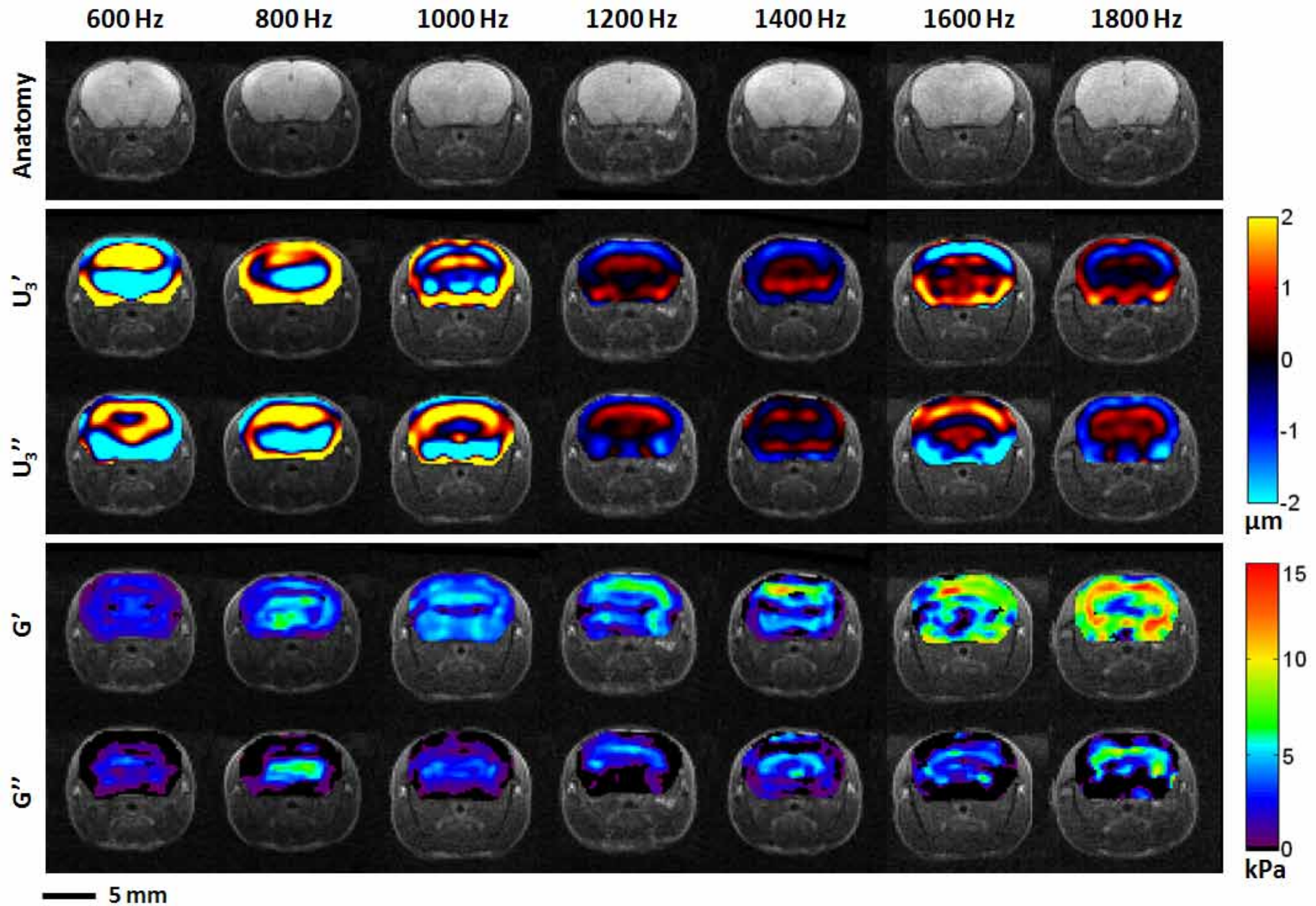
4.7 T Varian Consol

Acquired Res.: 250 x 250 x 250 μm

Motion Encoding Cycles: 4 (600 Hz), 5 (800 Hz), 8 (1200 Hz), 10 (1800 Hz)

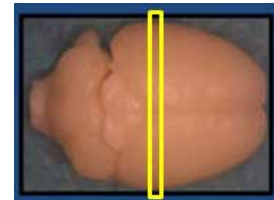
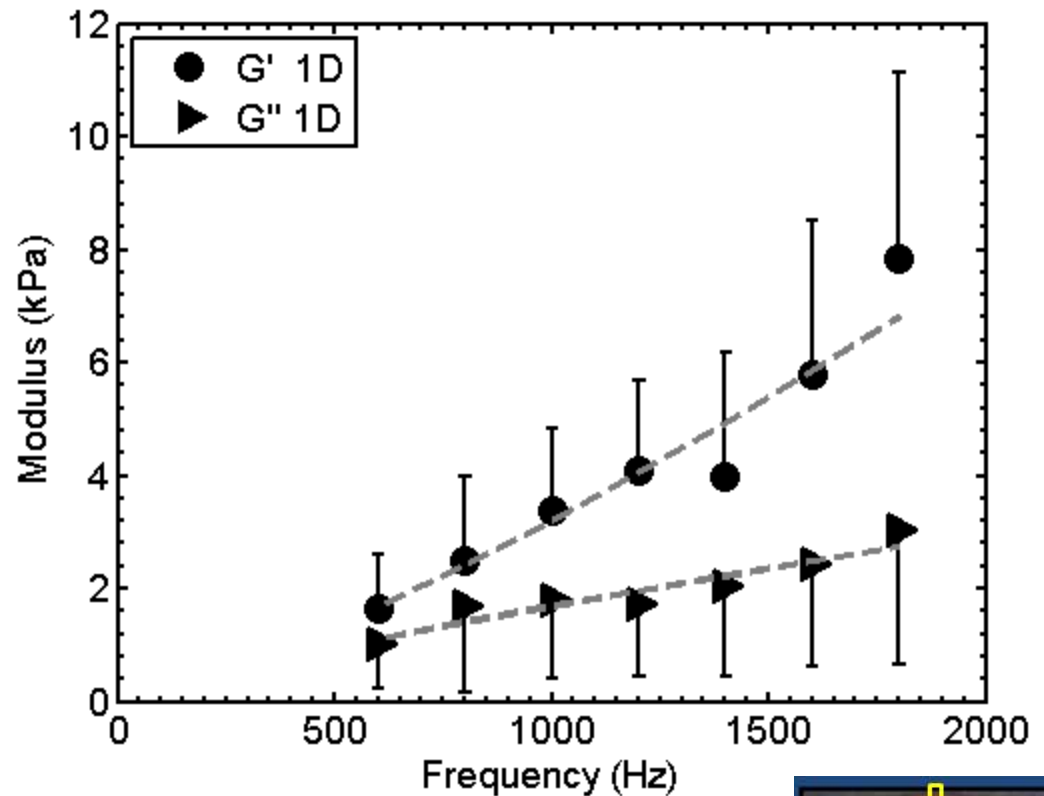
M.E. Gradient Amp.: +/-18 G/cm

Through-image-plane motion sensitized



Frequency dependence of brain tissue in vivo

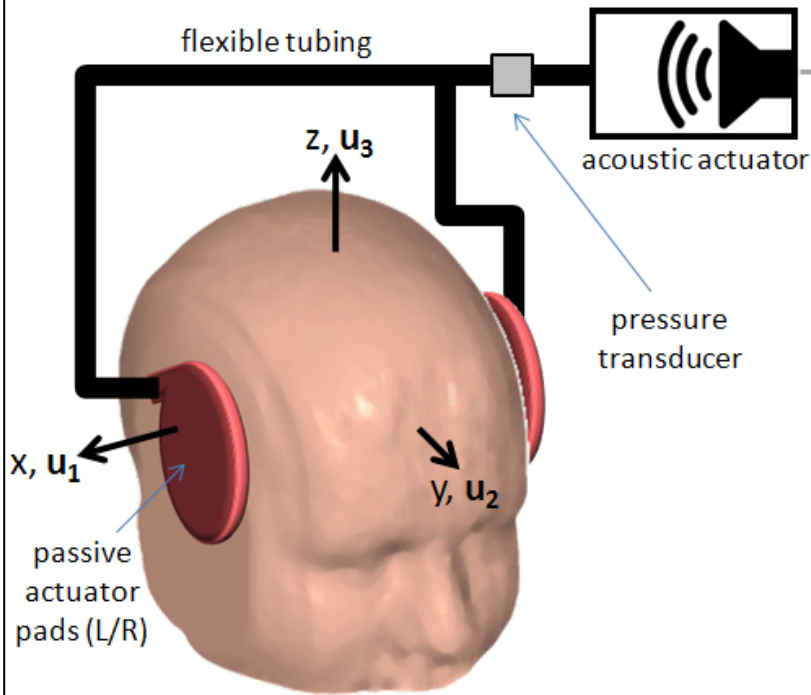
	Frequency (Hz)	Storage modulus, G'		Loss modulus, G''		Strain
		Mean (kPa)	Std (kPa)	Mean (kPa)	Std (kPa)	
Atay <i>et al</i> (2008)	1200	13.8	1.49	-	-	C57BL/6
Diguet <i>et al</i> (2009)	1000	7.36	0.50	3.33	0.80	C57BL/6
Schregel <i>et al</i> (2010)	1000	≈5.40	-	≈1.50	-	C57BL/6
Murphy <i>et al</i> (2010)	1500	26.0	-	-	-	WT
		22.0	-	-	-	APP-PS1



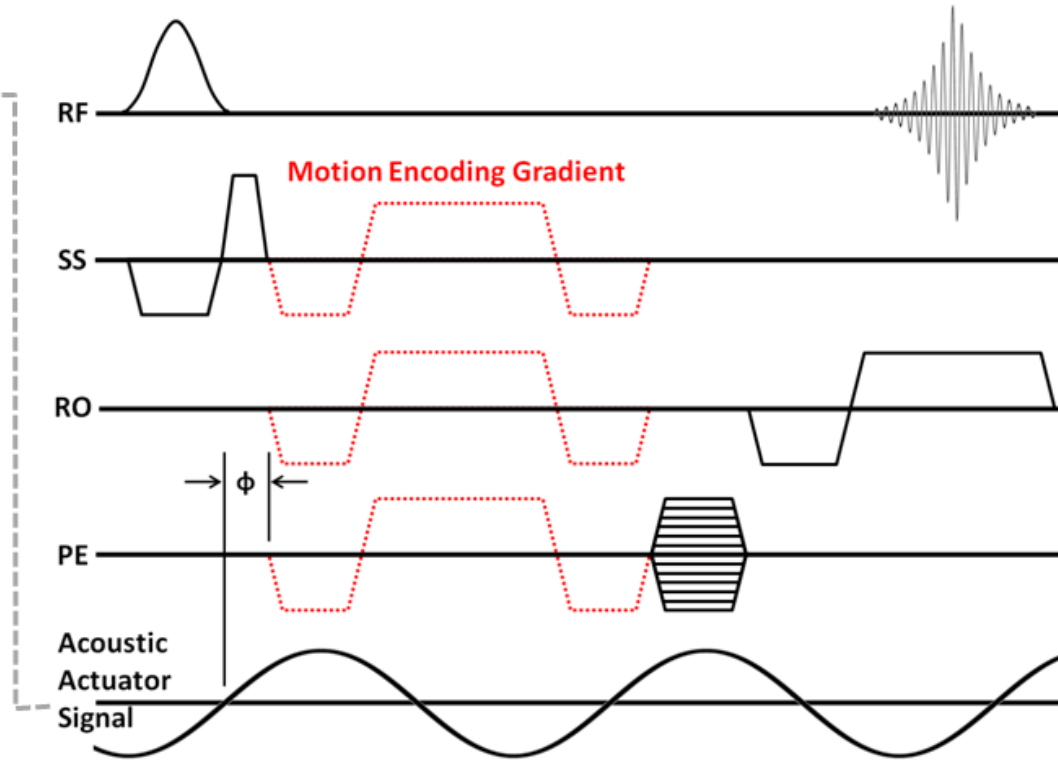
HUMAN BRAIN

Understand human brain response to acoustic pressure load *in vivo*

Experimental Setup



MRE Pulse Sequence



Motion components : $u, v, \& w$
No. Image Slices : 1
Temporal Resolution : 4 point
Voxel : $3.0 \times 3.0 \times 3.0 \text{ mm}^3$

PS: GRE-MRE (Bolster/Priatna, Siemens)

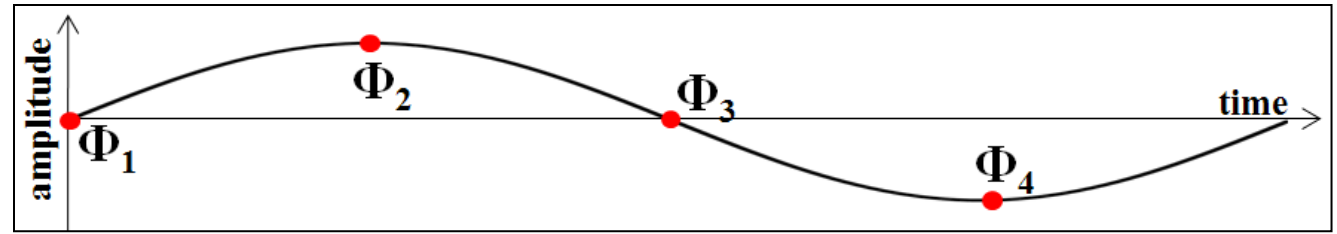
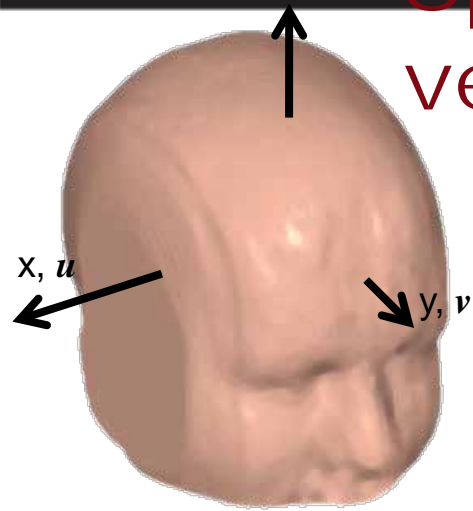
TR/TE: 133.3/27.5, FA: 25° , nt: 1

DM: $128 \times 128 \times 1 \times 4$

t_{acq} : 12 minutes/frequency/direction

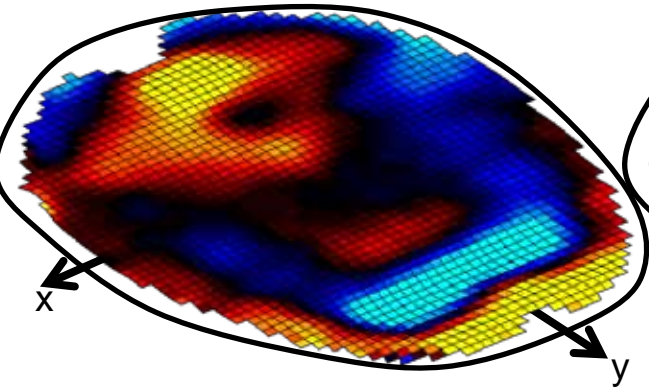
Clayton, Genin, Bayly. RSIF 2012. (In press)

Spatiotemporal displacement vector data obtained in ~30 min



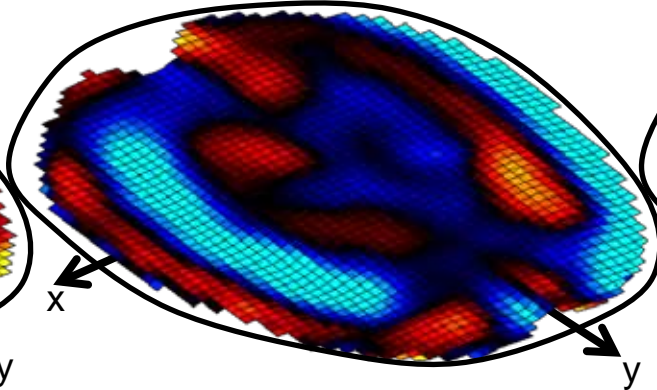
u -component

Displacements Scaled x2000



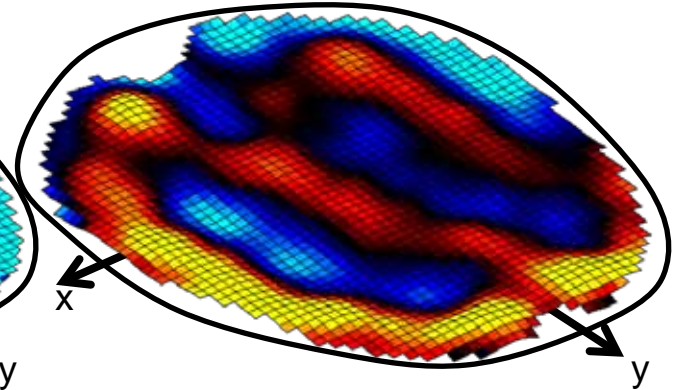
v -component

Displacements Scaled x2000



w -component

Displacements Scaled x2000

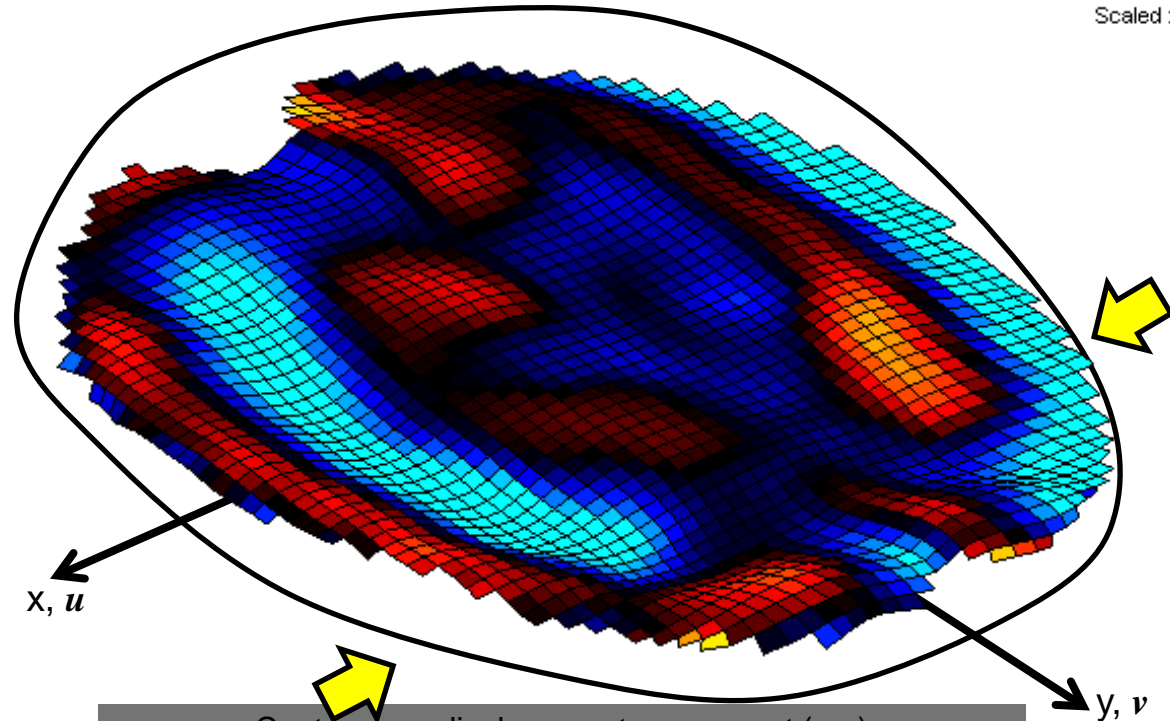
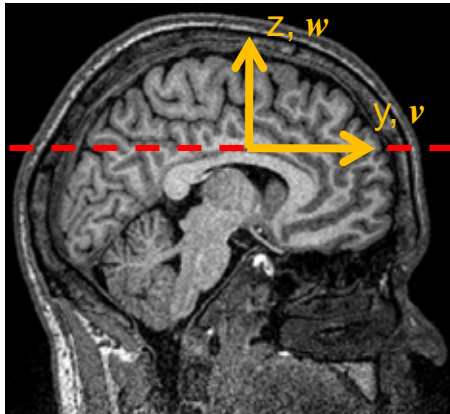
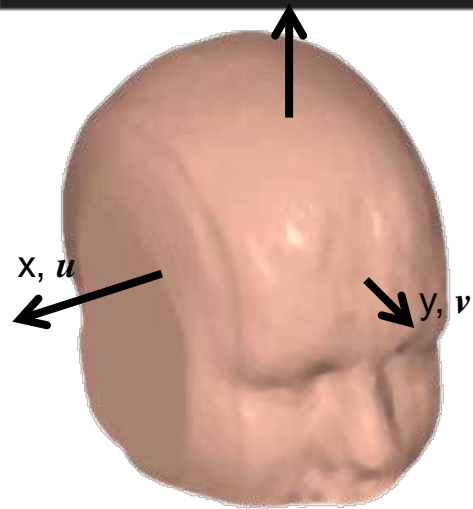


3D brain displacement data for FE model calibration

S014 MREB016

45 Hz

Displacements
Scaled x2000



Contour: v – displacement component (μm)



About those two wave propagation modes...

Recall,
2 Wave Modes

$$\rho \frac{\partial^2 u_k}{\partial t^2} = \underbrace{\mu \nabla^2 u_k}_{\text{Shear}} + (\lambda + \mu) \frac{\partial}{\partial x_k} (\nabla \cdot \bar{\mathbf{u}}),$$

Dilatation

Divergence
(Dilatational)

$$\longrightarrow \frac{\partial^2}{\partial t^2} (\nabla \cdot \bar{\mathbf{u}}) = \frac{\lambda + 2\mu}{\rho} \nabla^2 (\nabla \cdot \bar{\mathbf{u}}),$$

Curl
(Shear)

$$\longrightarrow \frac{\partial^2}{\partial t^2} (\nabla \times \bar{\mathbf{u}}) = \frac{\mu}{\rho} \nabla^2 (\nabla \times \bar{\mathbf{u}}),$$

Distortion (rotation) describes Shear Wave motion

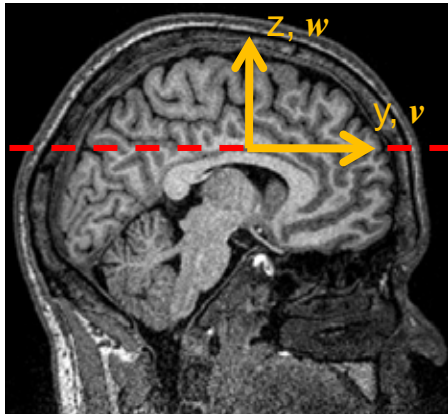
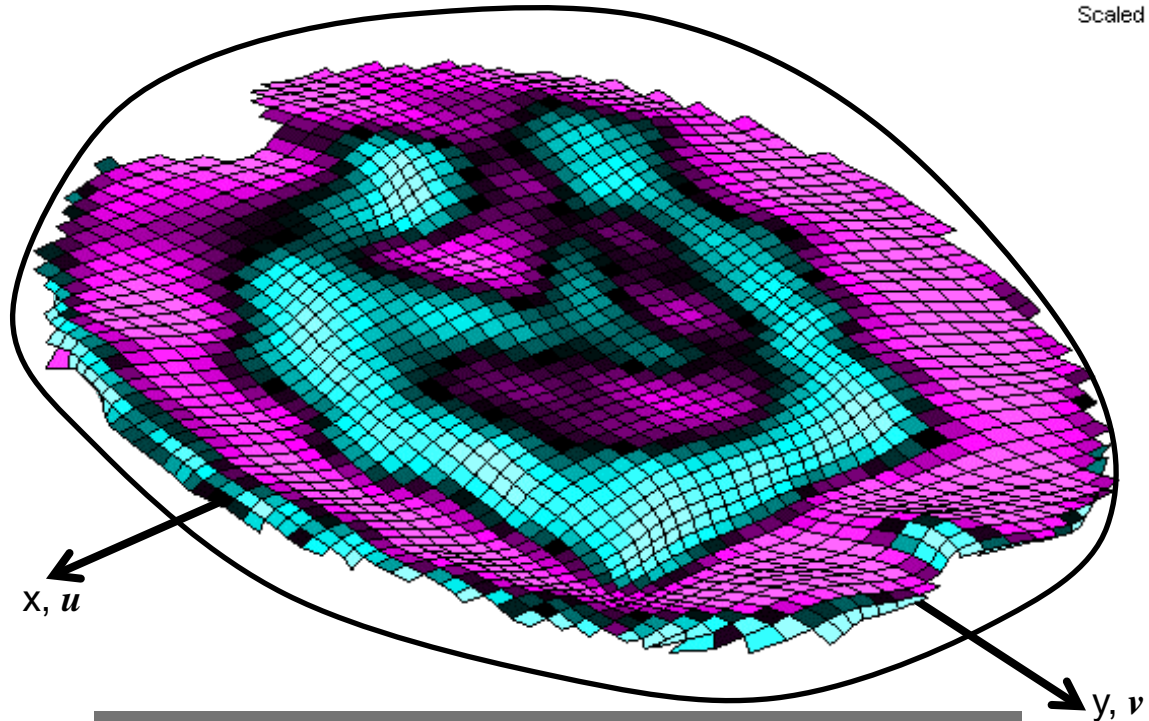
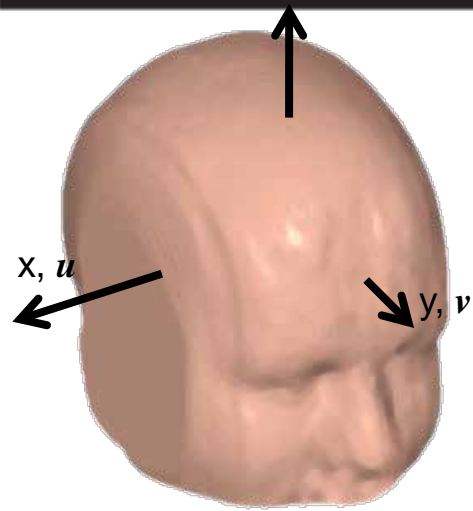
$$\Gamma = \frac{1}{2} \left(\frac{\partial u_2}{\partial x} - \frac{\partial u_1}{\partial y} \right).$$

Extracranial acoustic pressure induces shear waves in the brain

S014 MREB016

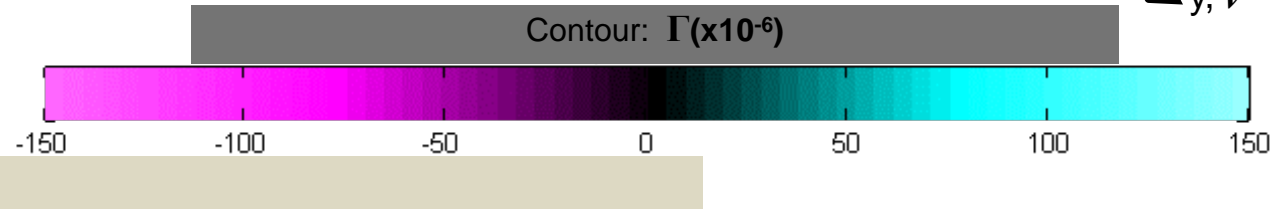
45 Hz

Displacements
Scaled x2000

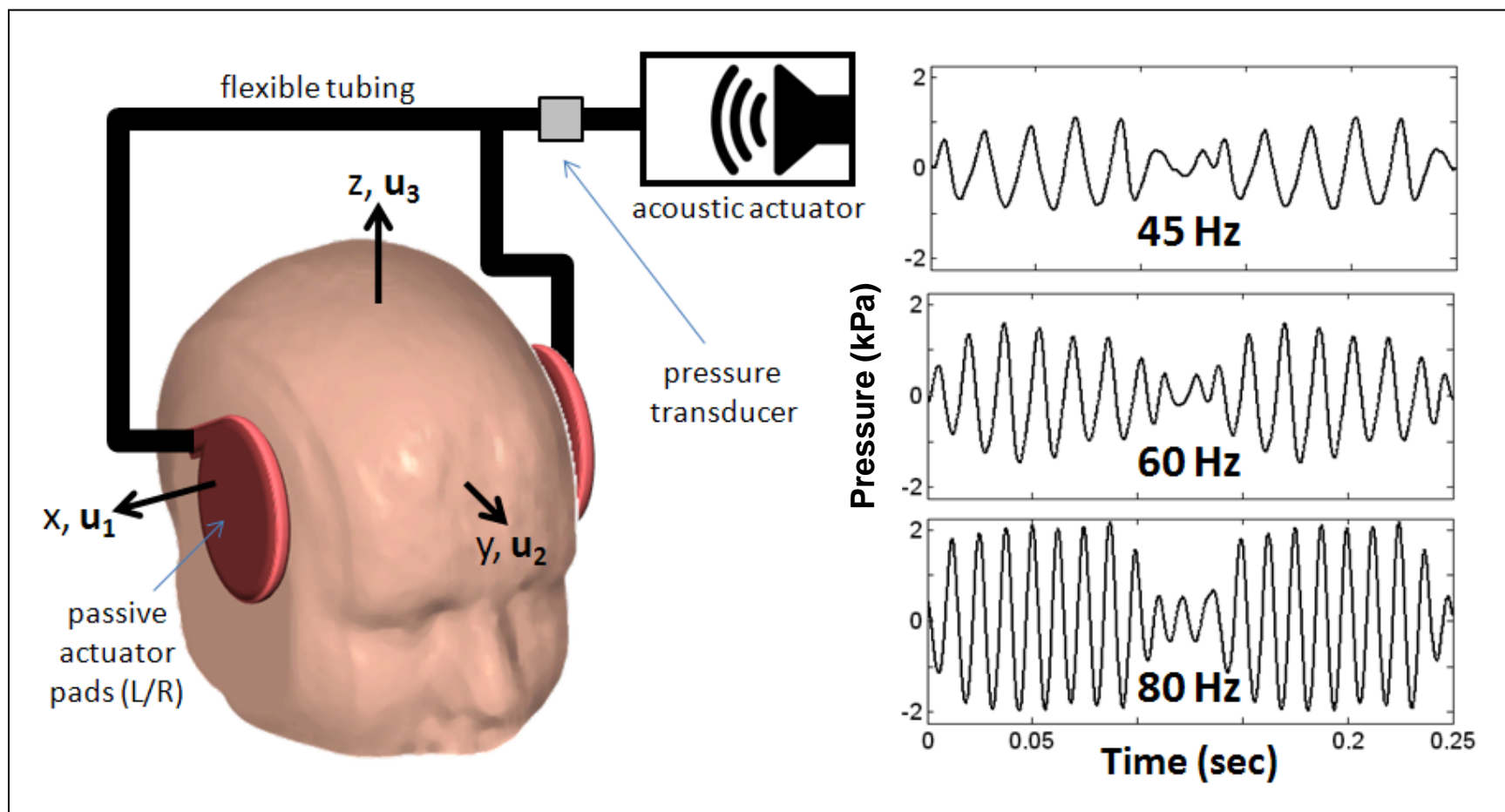


Planar Distortion

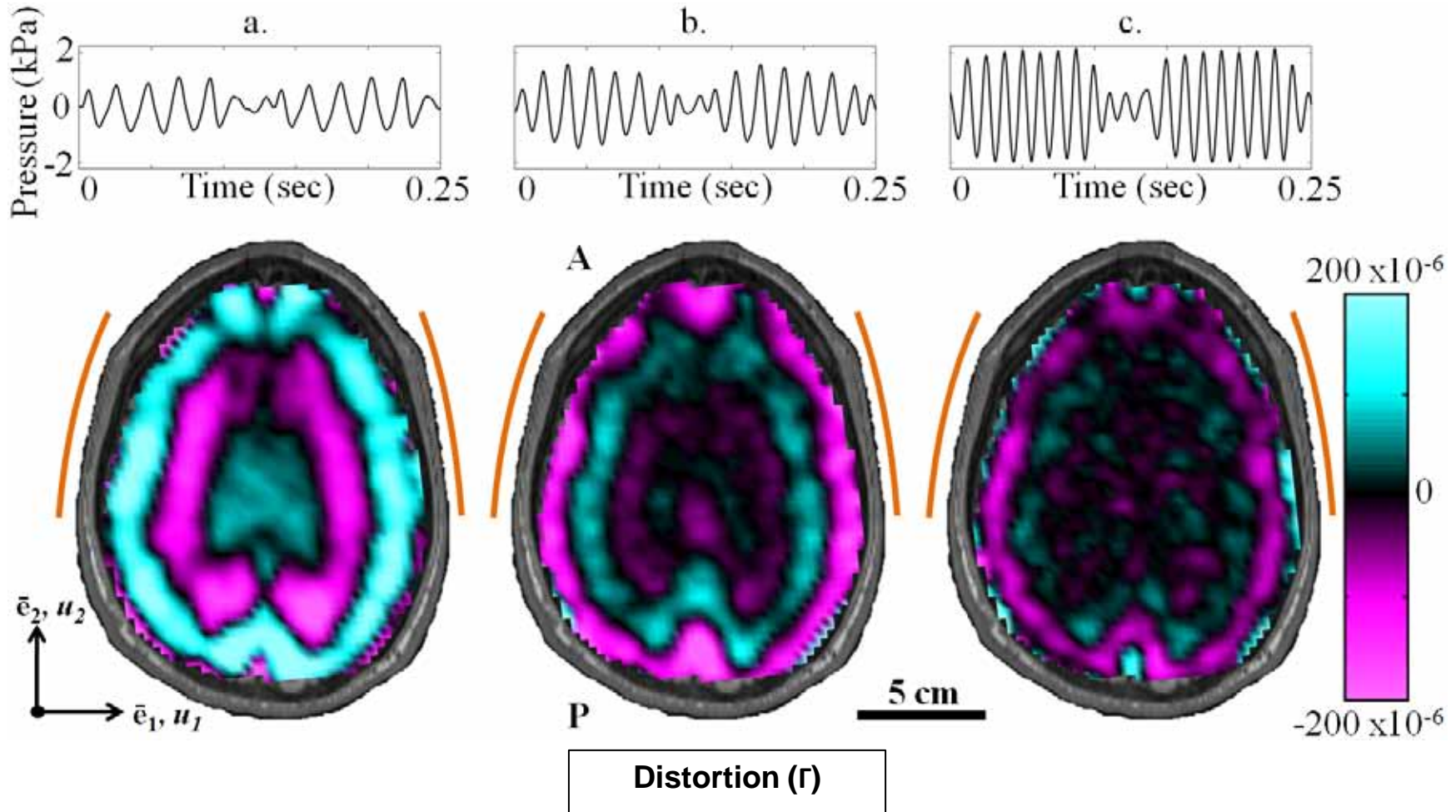
$$\Gamma = \frac{1}{2} \left(\frac{\partial u_2}{\partial x} - \frac{\partial u_1}{\partial y} \right)$$



What happens when the frequency changes?

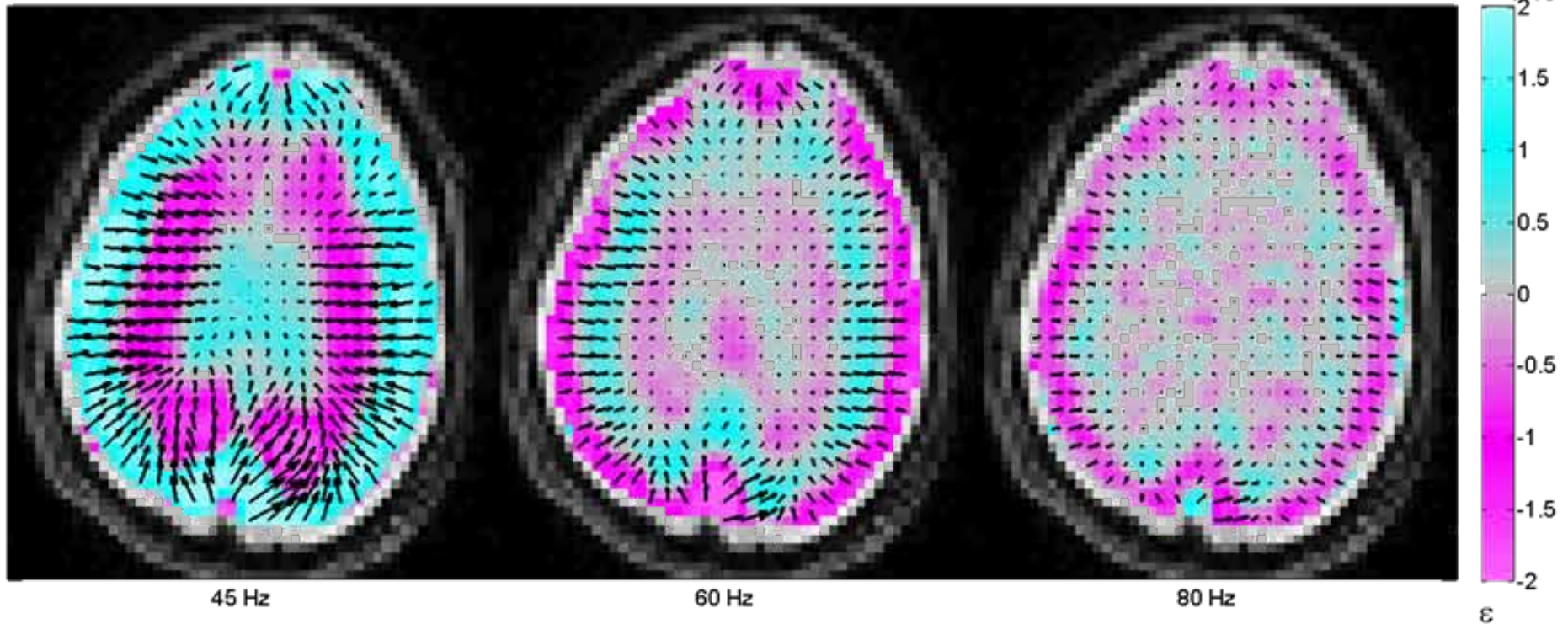


Increasing frequency leads to lower amplitudes and shorter wavelengths



Shear wave motion tells us more

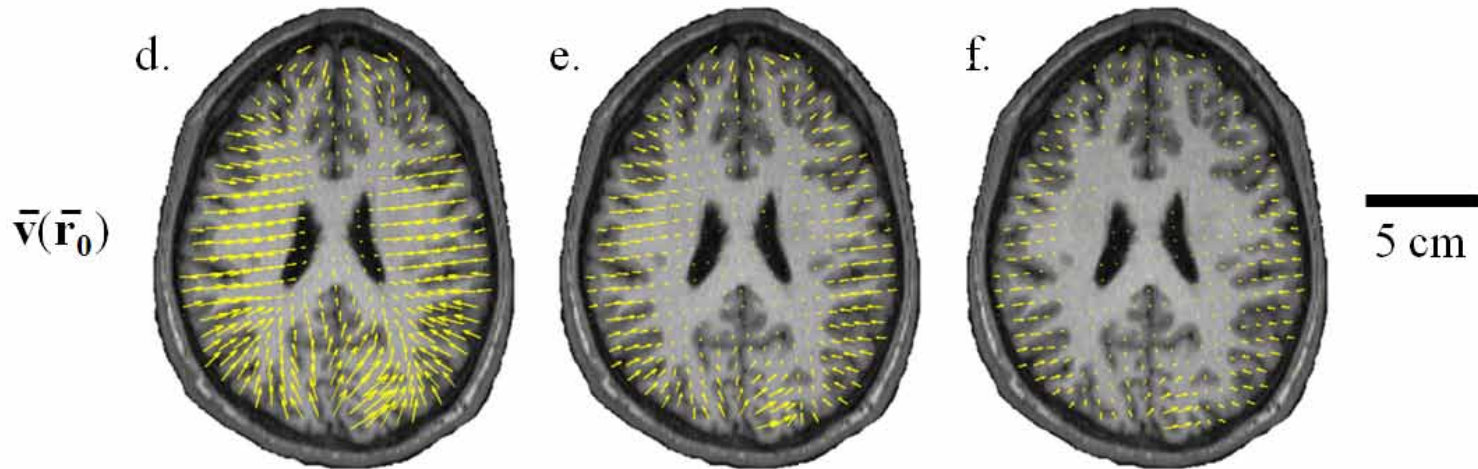
S008: Shear Wave with Amplitude-weighted Average Propagation Direction Vectors



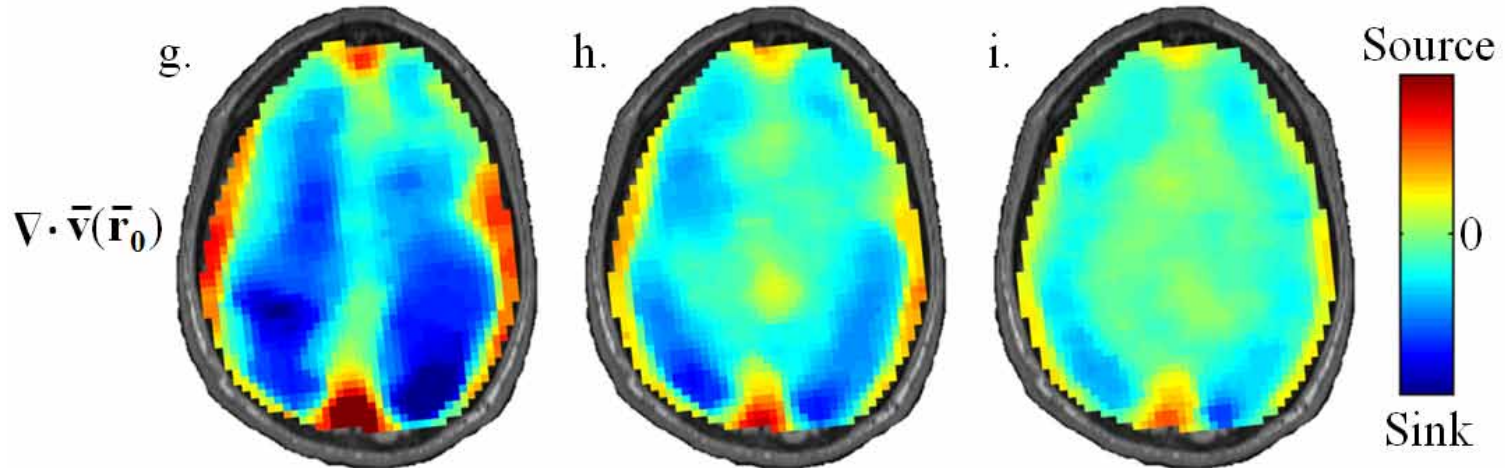
$$\bar{\mathbf{v}}(\bar{\mathbf{r}}_0) = \sum_{p=1}^{16} |\Gamma_p(\bar{\mathbf{r}}_0)| \cdot (\cos \theta_p \bar{\mathbf{e}}_1 + \sin \theta_p \bar{\mathbf{e}}_2). \quad f_p(\theta_{mn}) = \begin{cases} \cos^2(\theta_{mn} - \theta_p), & \|\theta_{mn} - \theta_p\| \leq \pi/8 \\ 0, & \|\theta_{mn} - \theta_p\| > \pi/8 \end{cases}$$

Propagation vector fields show energy *flux*
and *dissipation*

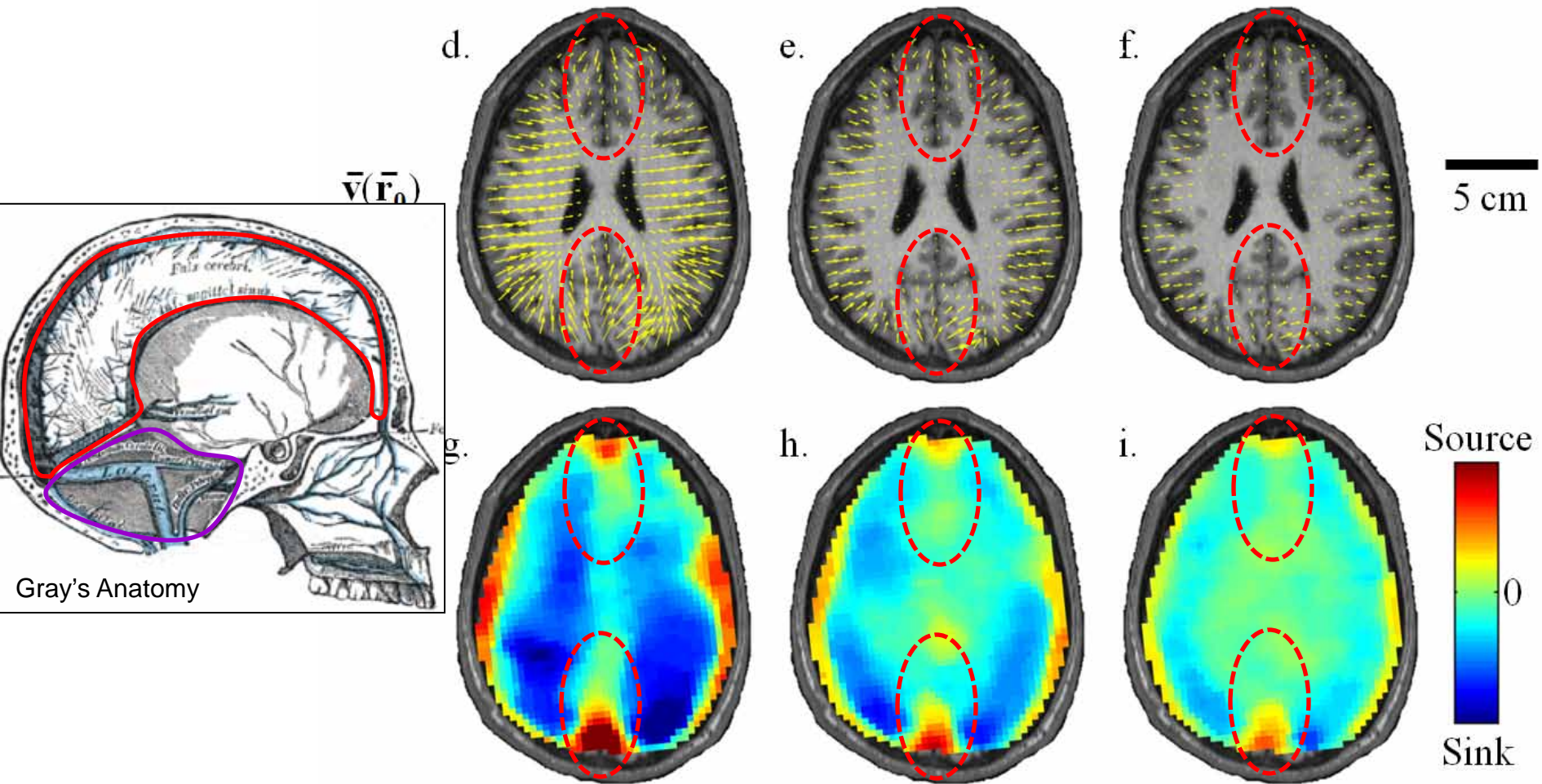
Propagation
vector field



Divergence
of
propagation
vector field



Structural membranes are energy conduits



Local spatial frequency estimation

Recall equation of motion (shear wave components)

$$- r W^2 U_j(\mathbf{x}) = G^* \tilde{N}^2 U_j(\mathbf{x})$$

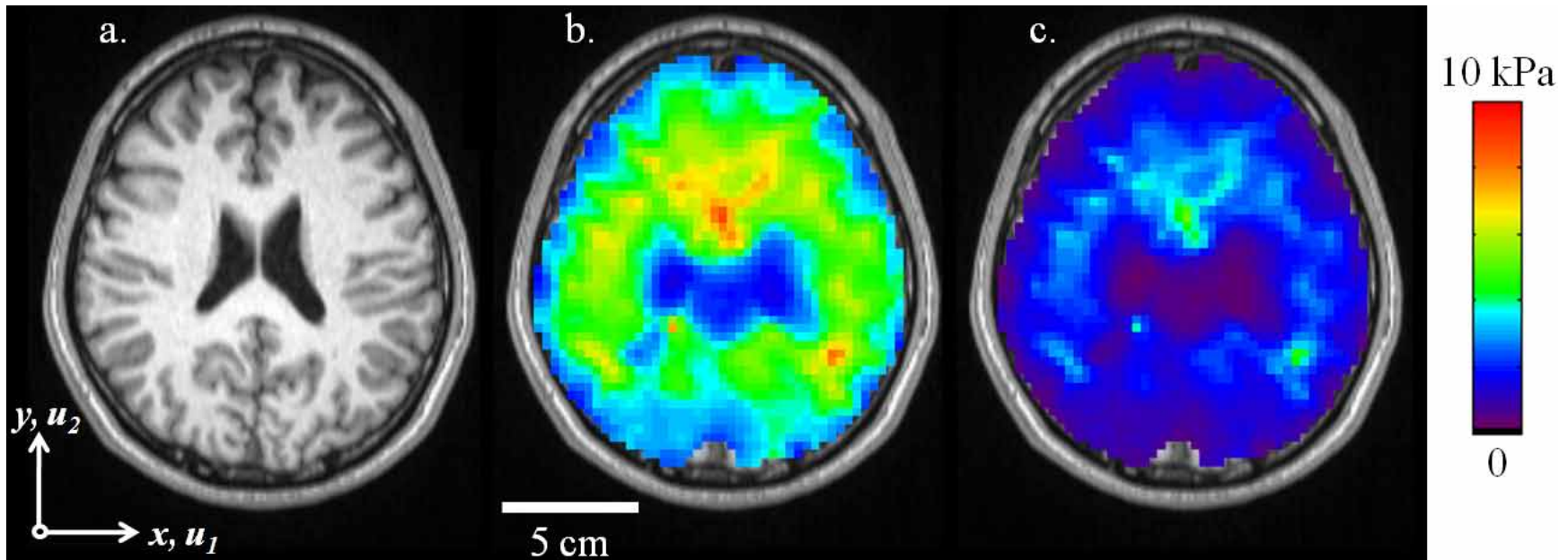
Estimate local frequency and attenuation

$$\begin{array}{ll} \text{Displacement } U_j(\mathbf{x}) = U_{0j} e^{i\mathbf{k}\cdot\mathbf{x}} & \text{Curl } \mathbf{G}_j(\mathbf{x}) = \mathbf{G}_{0j} e^{i\mathbf{k}\cdot\mathbf{x}} \\ & = U_{0j} e^{i(\kappa+i\alpha)\cdot\mathbf{x}} & & = \mathbf{G}_{0j} e^{i(\kappa+i\alpha)\cdot\mathbf{x}} \end{array}$$

Estimate complex modulus from local wavelength and attenuation

$$G^* = \frac{r W^2}{k^2 - a^2 + i2ak}$$

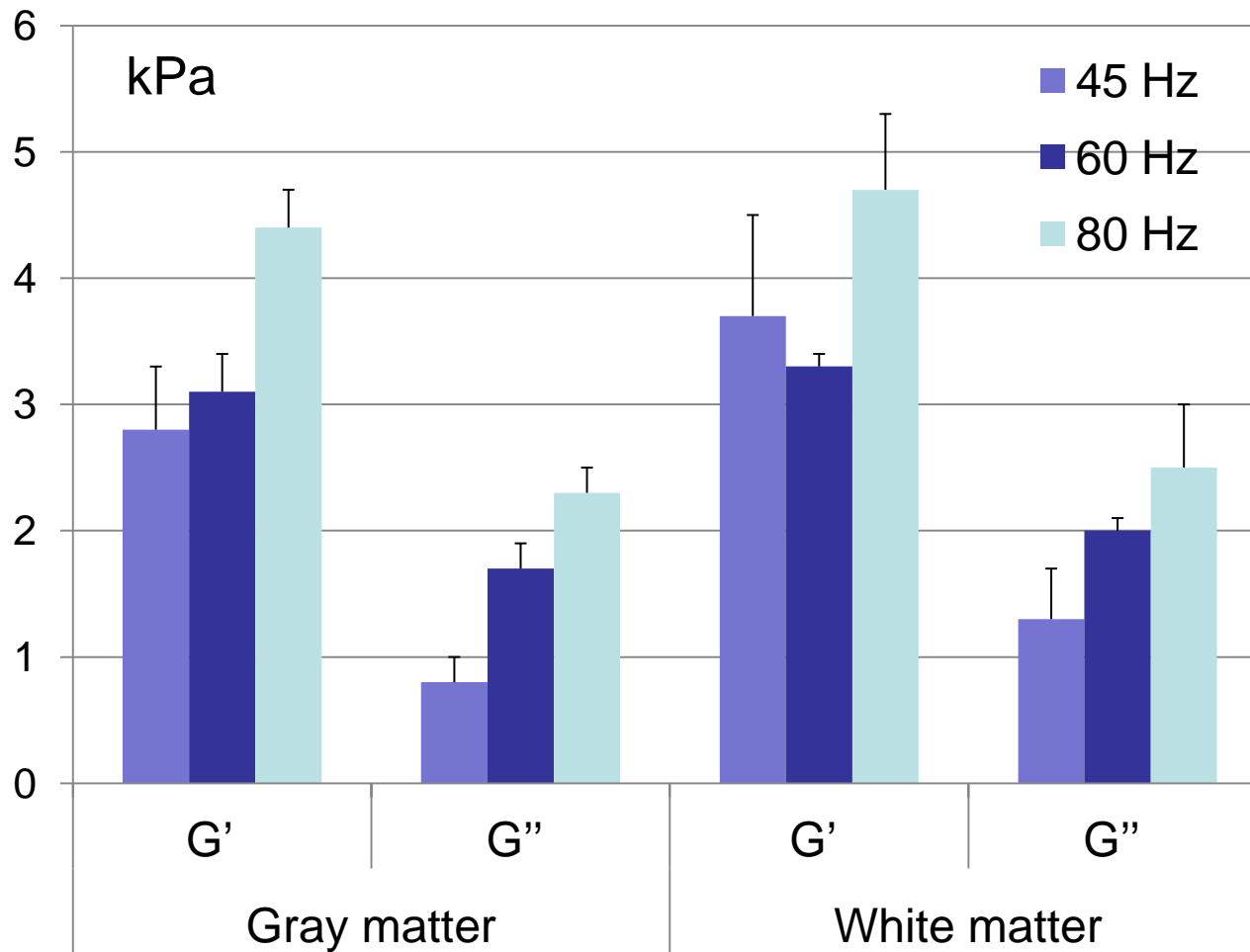
Viscoelastic properties of brain tissue *in vivo*



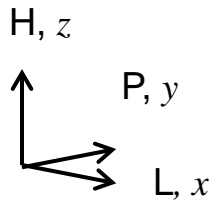
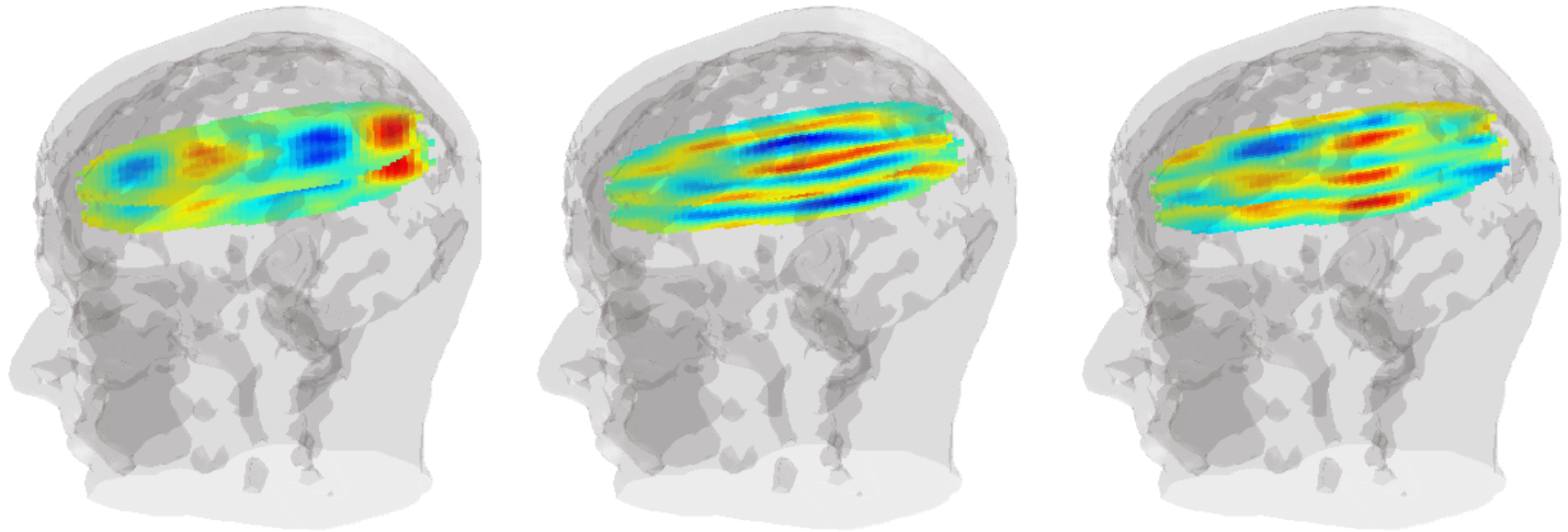
Frequency (Hz)	G' (kPa)		G'' (kPa)	
	Grey	White	Grey	White
45	2.8	3.7	0.80	1.3
	0.51	0.76	0.23	0.44
60	3.1	3.3	1.7	2.0
	0.33	0.09	0.30	0.08
80	4.4	4.7	2.3	2.4
	0.25	0.55	0.22	0.48

$$\begin{bmatrix} k^2 - \alpha^2 & 2\alpha k \\ -2\alpha k & k^2 - \alpha^2 \end{bmatrix} \begin{Bmatrix} G' \\ G'' \end{Bmatrix} = \begin{Bmatrix} \rho\omega^2 \\ 0 \end{Bmatrix}$$

MR elastography in brain



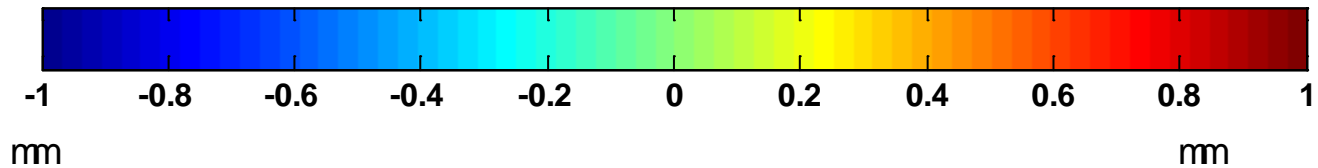
Displacement Animations



RL

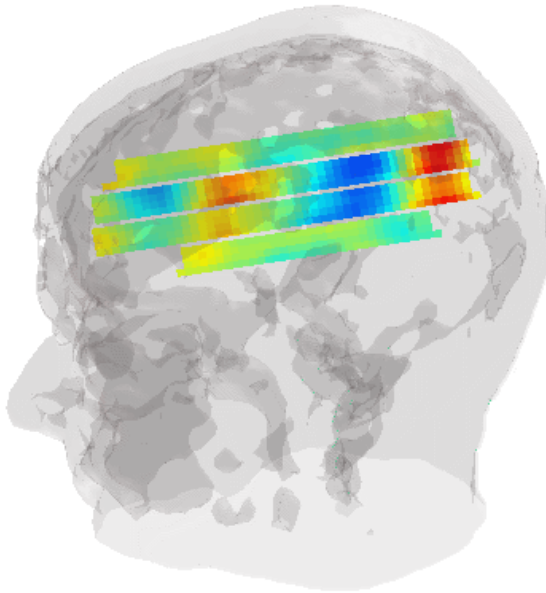
AP

FH

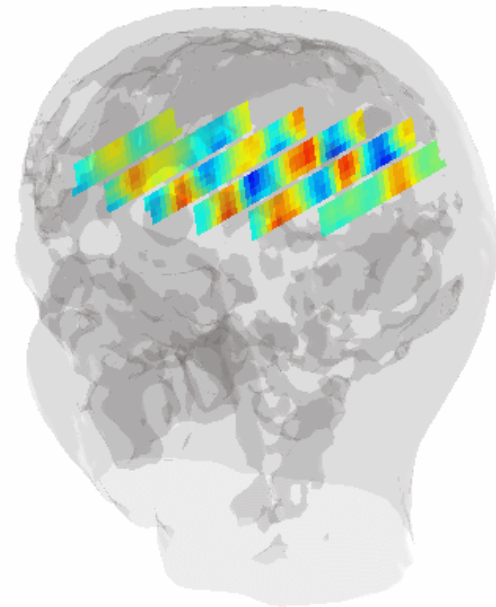


Re-sliced Displacement Animations

- For visualizing wave propagation in the foot-head direction, MRE displacement data is resliced and animated perpendicular to image acquisition planeging planes

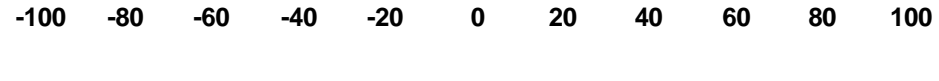
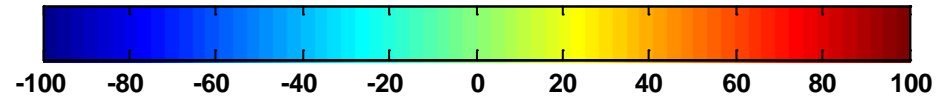
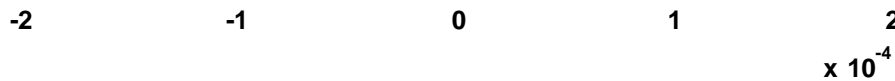
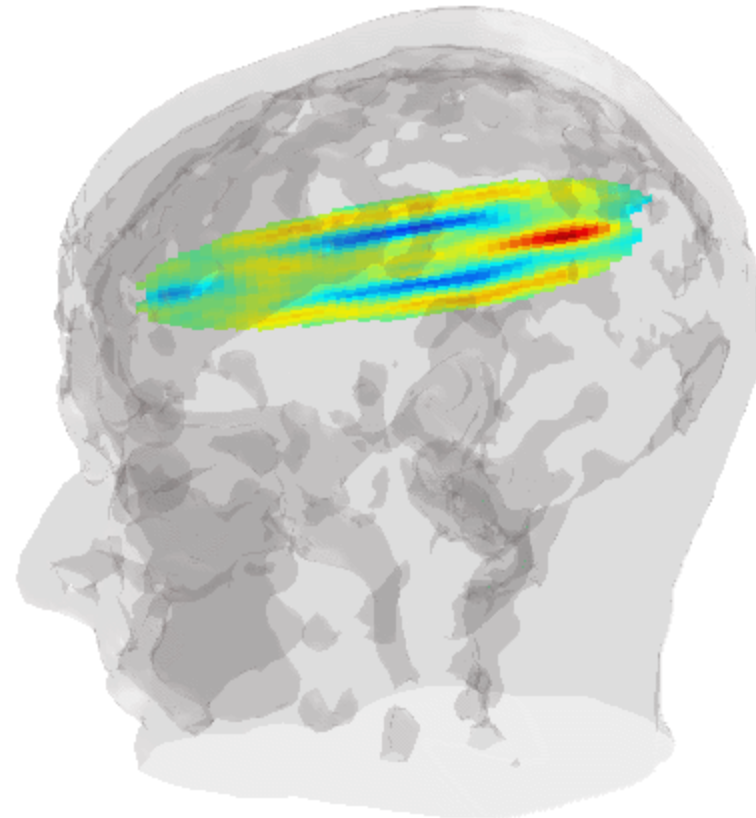
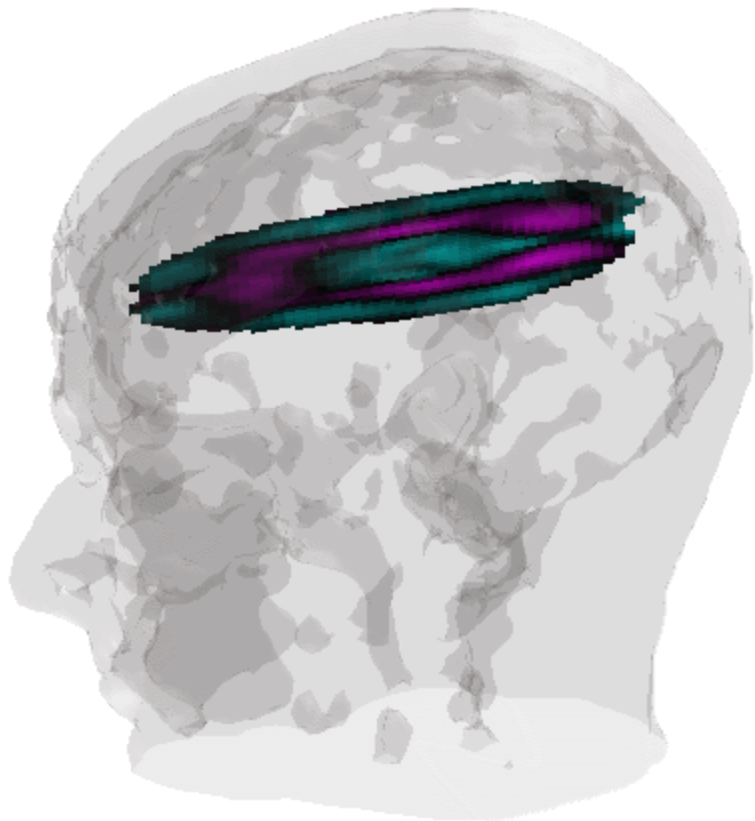


RL displacement
propagates primarily in AP dir

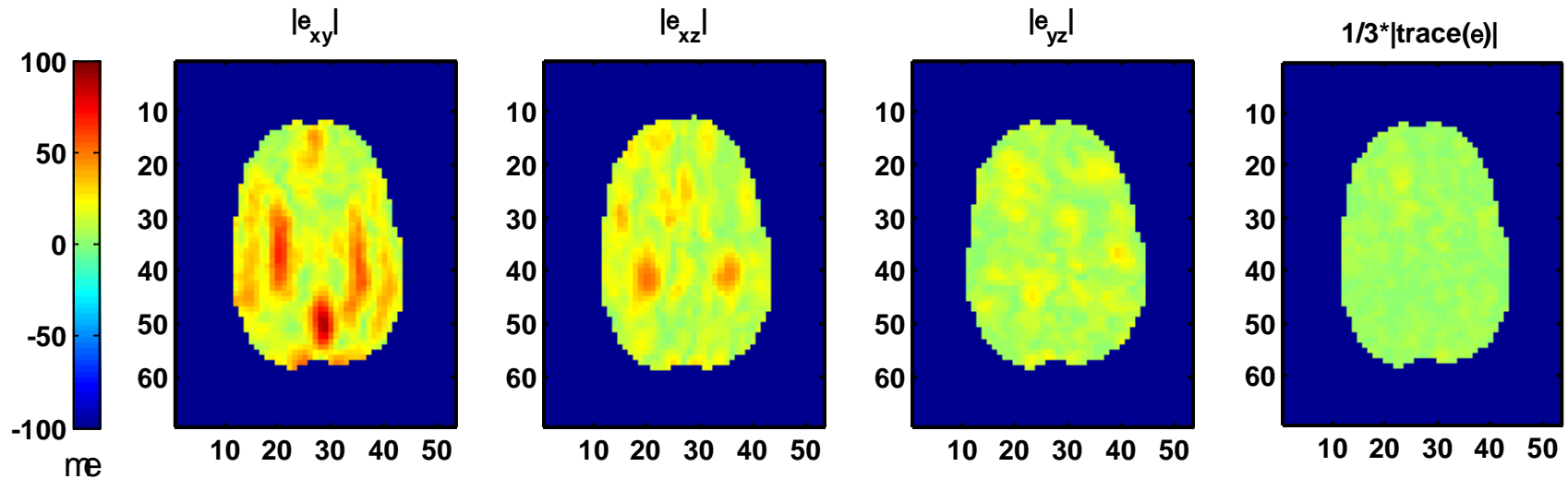


AP displacement
propagates primarily in RL dir

z-component of curl and e_{xy} computed for third slice

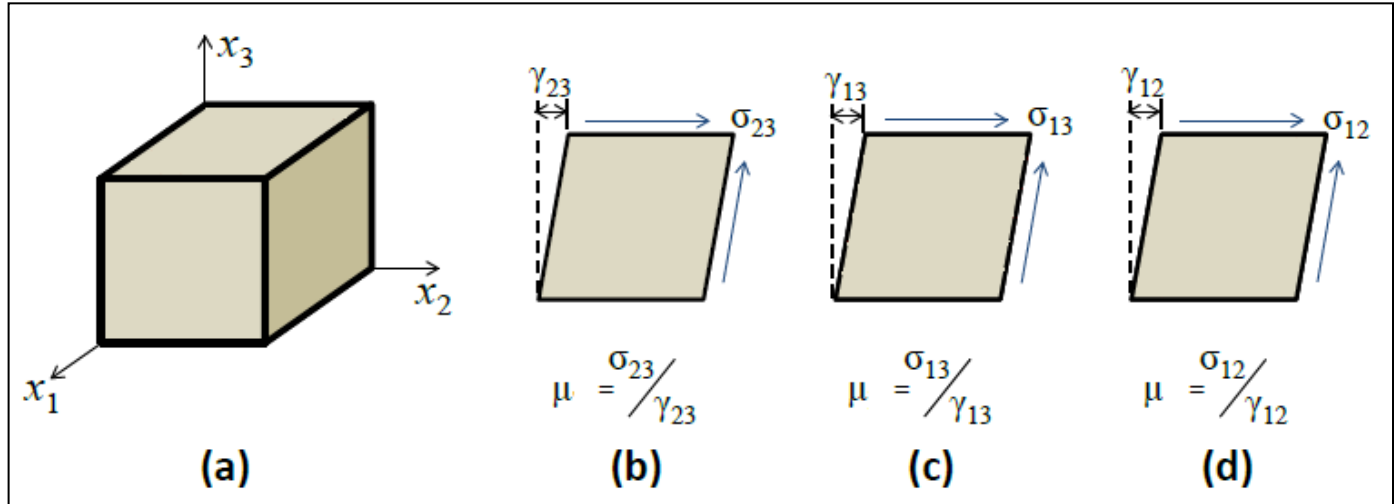


Shear strain amplitudes and dilatation

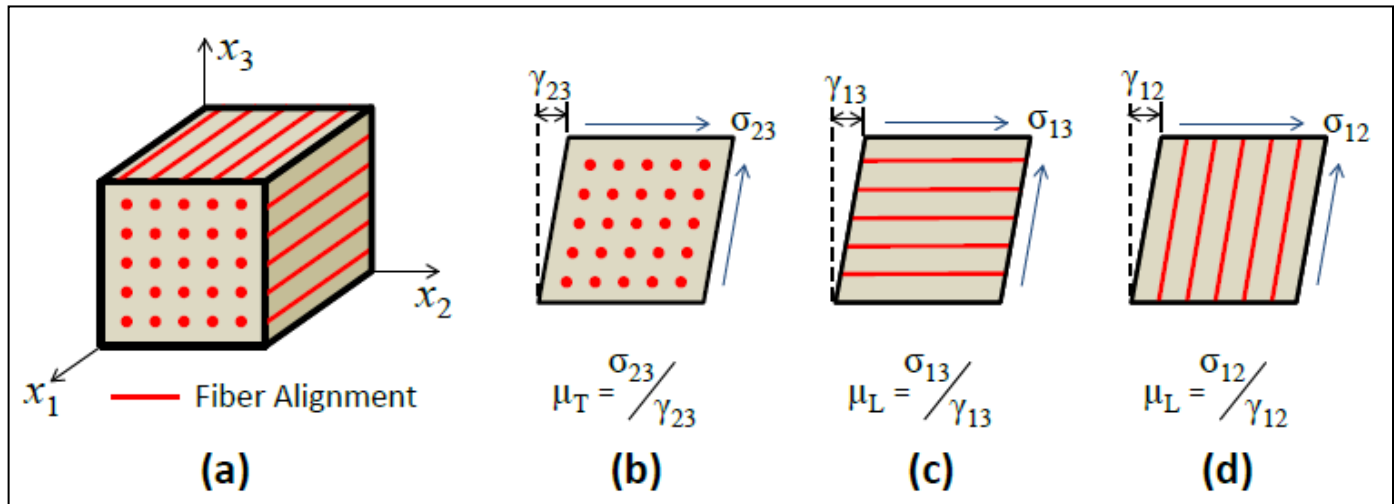


Mechanical Anisotropy ?

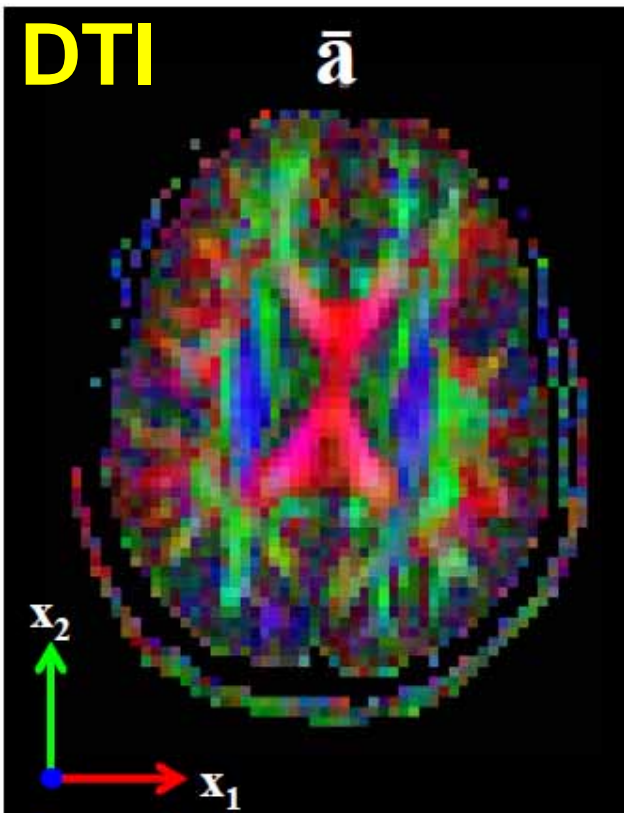
Mechanical Isotropy



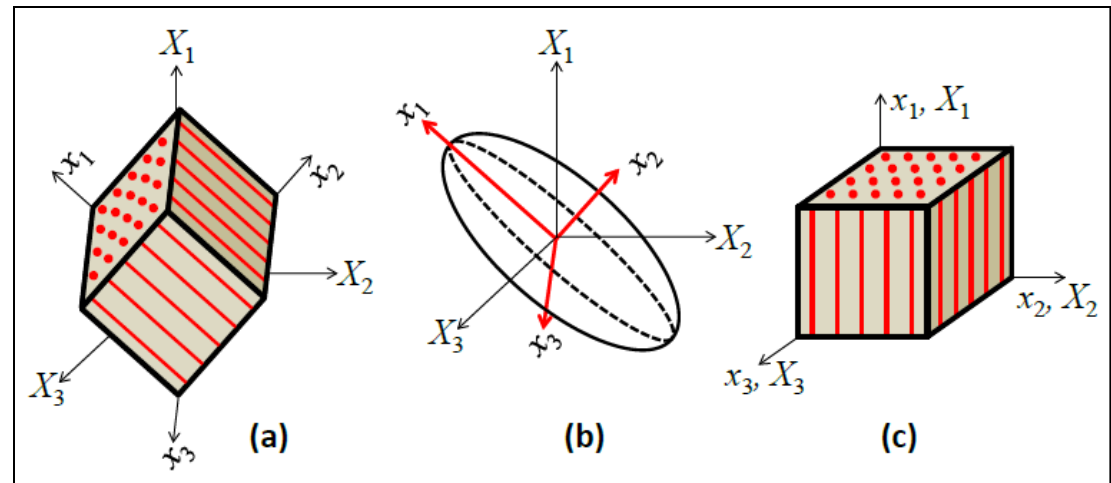
Mechanical Anisotropy



Diffusion tensor imaging

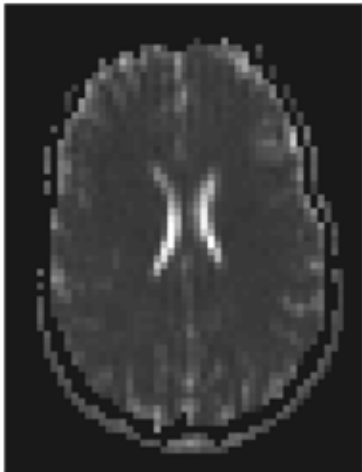


Diffusion tensor imaging detects anisotropic diffusion of water (anisotropic structure)



- DTI data is processed using method of Shimony et al (Radiology 212:770-784,1999) to compute MD, FA, and eigenvectors
- DTI slice planes are the same as the MRE slice planes
- Arrow plots used to code regions with fractional anisotropy above a threshold of 0.25.
- Arrow direction/color indicate direction of eigenvector of maximum diffusion and length indicates magnitude of FA

S018-MREB024 Mean Diffusivity

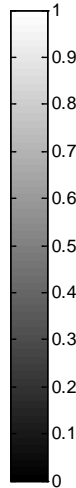


MD (slice 3)

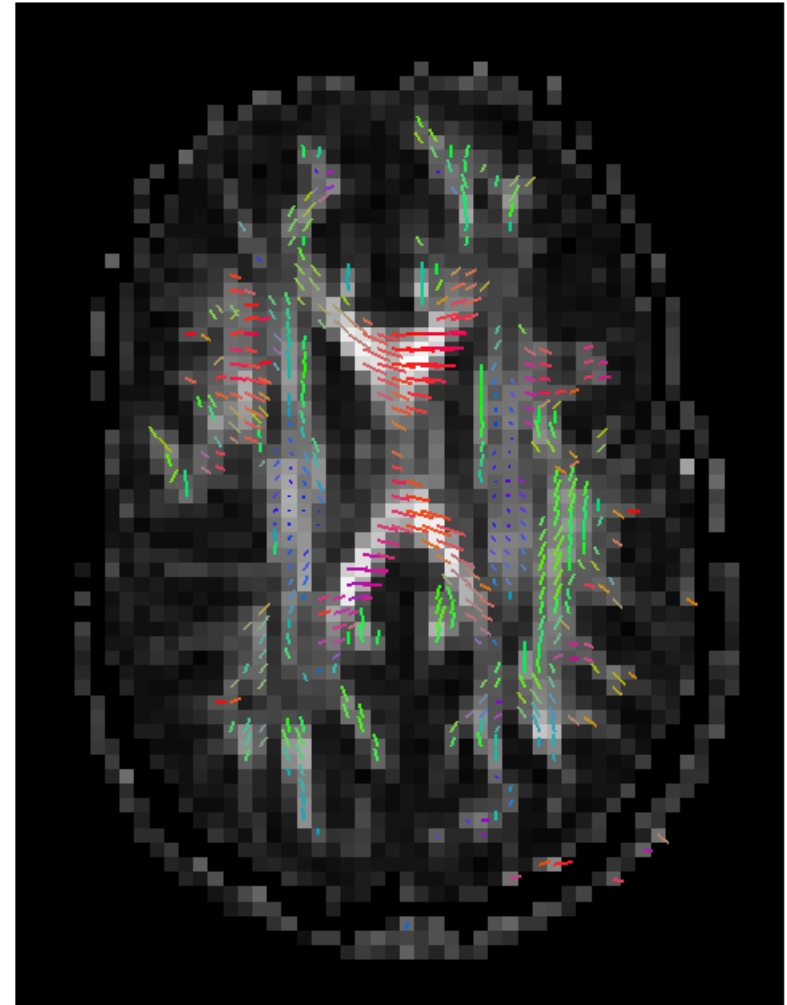
S018-MREB024 Fractional Anisotropy



FA (slice 3)

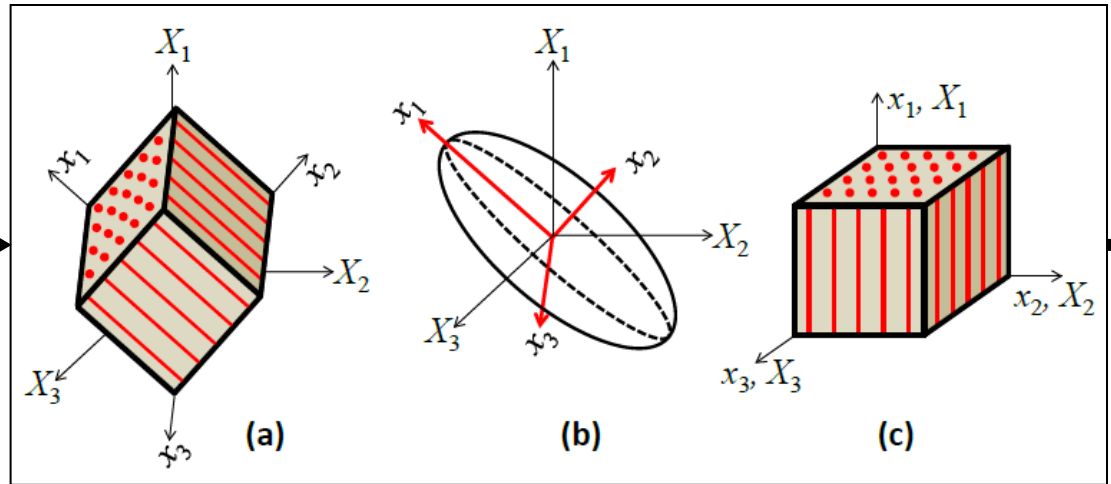
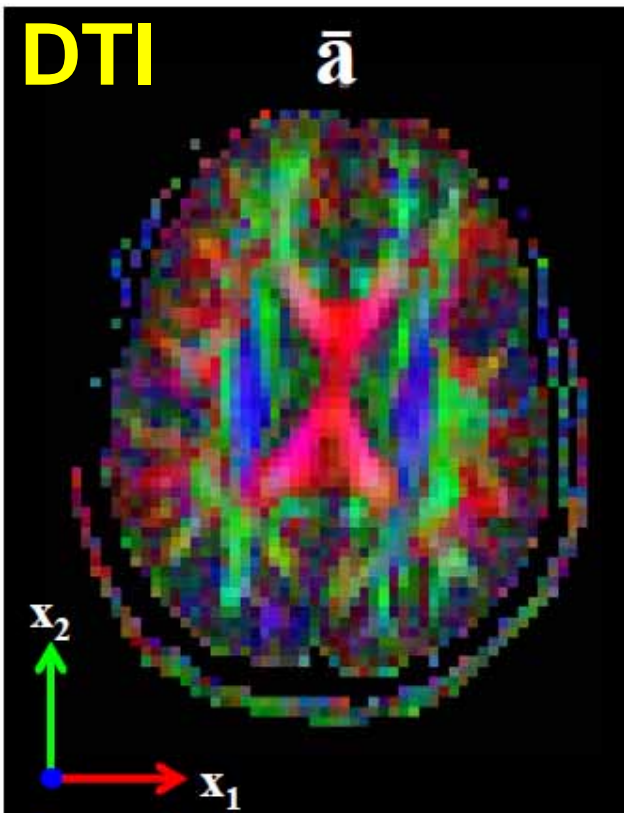


S018-MREB024, DTI vectors, slice 3

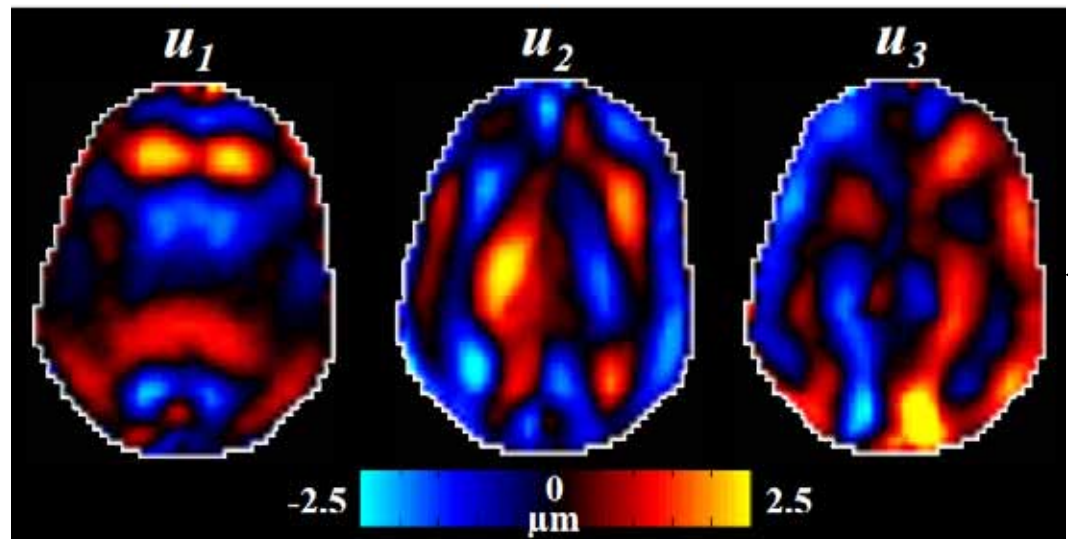


Color coded arrow plot overlaid on FA image

DTI + MRE process



MRE



MR elastography

- **MRE provides estimates of brain stiffness *in vivo***
 - Characterizes linear behavior (small deformations)
 - Provides estimates of complex shear modulus
- **MRE provides measurements of displacement and strain due to acoustic excitation**
 - Complements tagging studies
 - Illuminates effects of anatomy on motion

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